**RAHAMAN**

**Statut: Visit visa**  
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**PHYSICAL EDUCATION TEACHER**

**SUMMARY**

An articulate and confident teacher with a strong passion for students,seeking to leverage more than 4 years of teaching experience. To inspire and serve as a role model to children in achieving fitness and good health; to become a part of the pool of esteemed educators at a well-known ; to promote physical fitness in the school and the community; to mentor obese children and get them into fitness and healthy living.

**EDUCATION**

* **University of Douala**   
  Bachelor of Science Honours degree -Biology (Human and Health Biology) **2013**  
  **University of Douala**
* Diploma of Science -Biology (Human and Health Biology) **2011**

**Courses**

1. First Aid , 2012
2. Certificate of completion Drug free Workplace 2019
3. Basic Occupational Safety and Health

**SKILLS**

1. Formal training in Sports Education
2. Great Excellent interpersonal and leadership skills
3. Highly organized and dedicated to work
4. Goal-oriented and resourceful
5. Great communication skills
6. Ability and patience to play with children
7. passion and respect for sports and outdoor activities
8. Ability to coach different children
9. Outstanding problem-solving skills
10. Receptiveness to new ideas and other people’s insights
11. Great time management skills
12. Outgoing and friendly personality

**EXPERIENCE**

**Football Team Goalkeeper coach in School in Al Barsha-part time ,2019-now**

**PE Teacher, 2015-2017**Saker Secondary School, Douala-Cameroon

**Responsibilities**

* Encourages students to participate in physical activity even outside of the Physical Education (PE) class
* Motivates children to be active in sports activities of the school and other activities of the community
* Serves as a role model or lead by example in terms of physical fitness and attitude.
* Plans and leads school’s activities and programs in physical fitness programs
* Coordinates with other teachers to promote opportunities for physical activity in the school and community
* Provides training and resources or serve as resource person to classroom teachers
* Assists in supervising and coaching the school’s basketball and football team
* Provides other engaging activities to the students
* Sits on school committees
* Assists the school administration with other school activities, events, and campaigns

**Teaching Assistant, 2013-2015**St Bridget College, Bamenda-Cameroon

**Responsibilities**

* Helped develop instructional materials
* Assist academic staff with various school activities
* Collected data/information as needed by the professors in the department
* Distributed and collected tests and homework assignments
* Graded tests and homework, computed and recorded results, and submitted these to the teaching staff
* Instructed students in the proper use and care of equipment and facilities
* Helped in organizing, supervising, and officiating games and other recreational activities
* Conducted demonstrations to teach skills in sports
* Assisted the librarian and operated audiovisual equipment
* Assisted in maintaining computers in laboratories and classrooms
* Helped students with computer software
* Stocked teaching materials and supplies
* Checked attendance in class, drills, and games; maintained attendance records
* Prepared various teaching aids such as list of references, and charts
* Provided assistance to persons with special needs such as non-native English speakers and those with disability
* Provided assistive devices to persons with disability
* Attended staff meetings; helped organize school committees
* Duplicate and file various materials
* Helped in supervising class discussions
* Sent messages to the teaching staff and ran errands
* Enforced school policies and instructions made by the teaching staff
* Did other tasks that were assigned by the supervising professor

**Personal Trainer, 2010**Fitness, Douala-cameroon

**Responsibilities**

* Developed exercise and diet plans for clients
* Designed weight loss regimens
* Developed “workout of the day” programs
* Helped with personal training sales

**Professional goalkeeper Tiko FC - Cameroon premier league ,2010-2014**

**Others:**

* Personnal goalkeeper trainer Dubai 2019 ( WOLVE DUBAI FC GOALKEEPER)-amateur league
* Assistant wooden painter (Green Touch LLC Dubai) 2017-2019
* Provide therapeutic massage in Bamenda Academy Sport Club Cameroon – 2013
* I was also able to provide the University athletics team with massage and injury advice

**LANGUAGE**

* **French and English** -perfect **Arabic**  -medium **Germanic** -beginner