***CURRICULUMVITAE***

PERSONAL INFORMATION:

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| Name: FARAKH  Age:30  Position Applied for: HSE OFFICER  Mobile: 0504753686  Email I.D – farakh-399456@2freemail.com  Visa Status: Employment.  APPROVED HSE FFICER **(ADNOC HABSHAN&BAB,ASAB AND ADNOC LNG)** | =============================------------------=====-0-- |

**PROFESSIONAL EXPERIENCE:**

A professional with 5 Years’ experience in health and safety organizations in the field of Oil and Gas field, worked in Shutdowns, Constructions, Project & Processing Plant

**PROJECTS:**

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| Duration: December 2019 to till to date |
| Job Title: HSE Officer |
| Project: Pipe Rack Strengthening |
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| Client: ADNOC Gas Processing |
| Location: Habshan, Abu Dhabi |

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| Duration: June 2017 to January 2019 |
| Job Title: HSE Officer |
| Project: Construction of Mogas |
| Company Ravi Green Engineering PVT. Ltd |
| Client: Attock Petroleum |

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| Duration: February 2016 to April 2017 |
| Job Title: HSE Officer |
| Company Pak Arab Refinery Limited (PARCO) |
| Location: QasbaGujrat, District Muzafargarh Pakistan |

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| Duration: Nov 2014 to January 2016 |
| Job Title: HSE Officer |
| Company Pak Arab Fertilizers |
| Location: Multan Punjab, Pakistan |

**SHUTDOWNS:**

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| Duration: February 15, 2020 to March 5, 2020 |
| Job Title: HSE Officer |
| Project: Flare Upgradation |
| Company: Descon Engineering |
| Client: ADNOC Gas Processing |
| Location: Habshan, Abu Dhabi |

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| Duration:March 2019 to May 2019 |
| Job Title: HSE Officer/Documents Controller |
| Project: TA train 1, Boiler 1&2 |
| Company: Descon Engineering |
| Client: ADNOC LNG |
| Location: Das Island Abu Dhabi UAE |

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| Duration: March 2018 to May 2018 |
| Job Title: HSE Assistant |
| Project: TA train 3, Boiler 5 & 6 |
| CompanyEMDAD LLC |
| Client: ADNOC LNG |
| Location: Das Island Abu Dhabi UAE |

***ROLES AND* RESPONSPLITIES FOR HSE OFFICER/ENGINEER**

* Ensure safe working at site.
* To identify hazard & risk and rectify.
* Conducting regular Tool Box talk with workers to address the hazards at around their workplace.
* Regular inspection of construction activities and notifying the unsafe acts and unsafe conditions.
* Responsible for Client & Consultant correspondence for daily base issues and closeout of safety observations/violations.
* Inspection of Personnel Protective Equipment's on regular basis.
* Regular inspection of welding Plant and Machineries, coordinating for third party inspection of Tower cranes, mobile cranes and lifting tackles etc.
* Ensure that good housekeeping is maintained throughout the period of work in accordance with Health & Safety plan.
* Documentation and record keeping.
* Immediate stop of any unsafe work and advice the job supervisor.
* To promote HSE awareness among all the workforce at project
* Through HSE trainings, HSE bulletins, Handout and flyers etc.
* Monitoring the maneuvering vehicles, equipment, machineries and strictly enforce the site traffic rules.
* Monitoring deep excavation, heavy lifting, and confined space work.
* Ensure all welfare facilities for employees on site.
* Motivating the work force for good safety culture.
* Nominate the motivated worker for their appreciation and award.
* Control and monitor the implementation of LOTO (log out/tag out) system for the live facilities.
* Reporting incidents, accidentsand investigate the accidents.
* Control the work force in restricted areas.
* Conduct frequent audits to ensure the effectiveness of HSE program.
* To handled skilled and unskilled person for safe working.
* Emergency drill practice on monthly basis.
* Documentation and record keeping.
* Reporting to higher management.
* Prepared Minutes of Meeting of HSE Committee Meeting
* Execute Safety Program for location and Minimize Company Safety Losses
* Drive Behaviors preventing illness in workplace by engaging management commitment
* Ensure Safe Work Practices on all task and provide recommendation if needed

Professional Training and Certification:

* **NEBOSH IGC**:From Cardiff School of Certified Professional Pakistan
* **IOSH Managing Safely**: From Descon Technical Institute Pakistan
* **HABC Level 3 International Award in first aid:** From Edcons Institute of Business and Technology
* **HABC Level 2 International Award in fire Safety:** From Edcons Institute of Business and Technology
* **Hydrogen Sulfide Safety**: From Edcons Institute of Business and Technology

**PROFESSIONAL TRAININGS: (**In-house trainings **ADNOC LNG)**

* SCBA Breathing Apparatus
* Trolley With Flite Breathing Apparatus
* Electrical Safety
* Work at height.
* Permit to work system
* Confined space
* Hydro testing
* Safety for erection, modification and Dismantling of Scaffolding.
* Lifting Safety
* Excavation Safety
* Hot Works Safety
* Blinding and De-Blinding

**COMPUTER SKILLS:**

* MS. Office.
* Corresponding through Email. Communication
* Microsoft Excel
* Microsoft PowerPoint

Languages:-

English (Reading &Speaking)

Urdu Speaking