

Name: **SHEENA**

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| Contact Number: | +971 504753686 |  |
| Email Address: | Sheena-399459@2freemail.com  |
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***Objectives:***



* To be able to work in a highly accredited facility to further expand my experience as a health care provider.
* To fully establish myself as a nursing professional in a well-established facility where I would be able to render excellent nursing care to my patients.
* To provide treatment, education and therapeutic management to promote optimum health to my patients.

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| ***Education:*** |  |  |  |  |  |  |
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| *Course:* | **Bachelor of Science in Nursing** |  |  |
| *School Attended:* | University of Baguio |  |  |
| *Date Attended:* | General Luna Rd., Baguio City 2600 Philippines |  |  |
| June 25, 2002 – March 25, 2007 |  |  |
| ***Professional License:*** |  |  |  |  |
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| *Licensing Body:* | **Health Authority Abu Dhabi (HAAD)** |  |  |
| *Professional Status:* | HAAD Passer |  |  |
| *Validity Date:* | *March20, 2022* |  |  |
| *Licensing Body:* | **Saudi Commission for Health Specialties (K.S.A.)** |  |  |
| *Professional Status:* | Registered Nurse |  |  |
| *Licensing Body:* | **Professional Regulation Commission (Philippines)** |  |  |
| *Professional Status:* | Registered Nurse |  |  |
| *Registration Date:* | April 24, 2008 |  |  |
| *Validity Date:* | October 24, 2023 |  |  |
| ***Work History:*** |  |  |  |  |  |
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***Duration of Employment:*** July 6, 2017 – present

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|  | Hospital based in Abu Dhabi |  |
| *Position:* |  |  |
| Staff Nurse (Medical Surgical Ward) |  |



**Cases Handled:**

* Neurosurgery/Neurology
	+ Cerebro Vascular Accident
	+ Craniotomy with post op complications \*Alzheimer with debilitating neurological disease \*Seizures/Parkinsons/dementia resulting to quadriplegia \*Congenital anomalies ie. Cerebral Palsy , fragile X syndrome



\* Cervical and lumbar disc Herniation resulting to quadriplegia\*



>General Surgery

* Cholecystectomy Laparotomy/Laparoscopic
* Appendectomy

\*Hernina repair/mesh repair

* Biopsy
* Hemorrhoidectomy \*Thyroid surgery
* Schlerotheraphy \*Colon cancer surgery

>Urosurgery/Uroloy

\* Bladder Cancer



\*Benign prostatic hyperhtropy with comorbidities ie. HTN,DM

\*pelvic lymph node dissection



\*testicular surgery

>Ortho surgery/ Ortho cases

\*trauma resulting to spinal fracture and bone fractures

\*ORIF, open reduction internal fixation

\*Arthritis, osteoporosis, slip disc

* + bone injuries caused by physiologic and pathologic changes
* Vascular Cases



\*Foot ulcer caused by long standing diabetes

* + Raynauds dses \*Atherosclerosis \*Deep vein thrombosis \*Chronic venous insufficiency \*Carotid Artery Disease \*Abdominal Aortic Aneurysm
* Plastic Cases

\*Burn cases

\*oromaxillofacial surgery

\*cleft lip and cleft palate

\*breast cosmetic repair

\* body reconstruction related to trauma

***Duration of Employment:*** June 13, 2016 – April 30, 2017

*Name of Hospital:* Al Shrooq Home Health Services

Al Ain, Abu Dhabi, UAE



*Position:* Staff Nurse (Home Care)

**Cases Handled:**



\*Congenital Anomalies resulting to quadriplegia

* + downs syndrome
	+ spina bifida :heart conditions :heart defects
* Neurological Injuries caused by accident or physical trauma
	+ paraphlegic/quadriphlegic patient
* Bedridden patient with multiple illness cause by diabetes, arthritis, heart disease, neurogenic bladder, skin disease
* Bedridden patient with lung cancer, DM and heart disease



***Duration of Employment****:*March 16, 2015 – November 2, 2015

*Name of Hospital:* Prince Sultan Military Medical City (Riyadh Military Hospital) P.O. Box 7897 Riyadh 1159 Saudi Arabia



*Position:* Staff Nurse (Medical Surgical Ward)

**Cases Handled:**



* Neurosurgery/Neurology
	+ Cerebro Vascular Accident
	+ Craniotomy with post op complications \*Alzheimer with debilitating neurological disease \*Seizures/Parkinsons/dementia resulting to quadriplegia



\*Congenital anomalies ie. Cerebral Palsy



\* Cervical and lumbar disc Herniation resulting to quadriplegia\*

>General Surgery

* Cholecystectomy Laparotomy/Laparoscopic
* Appendectomy



\*Hernia repair/mesh repair

* Biopsy
* Hemorrhoidectomy \*Thyroid surgery
* Schlerotheraphy \*Colon cancer surgery

>Urosurgery/Uroloy

\* Bladder Cancer

\*Benign prostae hyperhtropy with comorbidities ie. HTN,DM

\*pelvic lymph node dissection

\*testicular surgery

>Ortho surgery/ Ortho cases

\*trauma resulting to spinal fracture and bone fractures

\*ORIF, open reduction internal fixation

\*Arthritis, osteoporosis, slip disc

* + bone injuries caused by physiologic and pathologic changes
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\*Foot ulcer caused by longstanding diabetes

* Raynauds dses \*Atherosclerosis \*Deep vein thrombosis \*Chronic venous insufficiency \*Carotid Artery Disease \*Abdominal Aortic Aneurysm



***Duration of Employment****:* April 7, 2014 – November 20, 2014

*Name of Facility:* Yogyog Medical Clinic

National Highway Diffun, Quirino, Philippines



*Position:*

Staff Nurse (Clinic Nurse)

Cases Handled:

\* out patient cases

> fever/cough/colds

>respiratory/skin problems

> follow up check up for diabetes, hypertension

>adult,pedia and geriatrics follow up

***Duration of Employment:*** August 18, 2010 – February 17, 2014

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| --- | --- | --- |
| *Name of Hospital:* | Al Hada Military Hospital (Al Hada Armed Forces Hospital) |  |
| *Position:* | P.O. Box 1347 Taif, Saudi Arabia |  |
| Staff Nurse I ( Surgical Ward) |  |



**Cases Handled:**



* Neurosurgery/Neurology
	+ Cerebro Vascular Accident
	+ Craniotomy with post op complications \*Alzheimer with debilitating neurological disease \*Seizures/Parkinsons/dementia resulting to quadriphlegia \*Congenital anomalies ie. Cerebral Palsy
	+ Cervical and lumbar disc Herniation resulting to quadriphlegia\*

>General Surgery

* Cholecystectomy Laparotomy/Laparoscopic
* Appendectomy

\*Hernina repair/mesh repair

* Biopsy
* Hemorrhoidectomy \*Thyroid surgery
* Schlerotheraphy \*Colon cancer surgery



>Urosurgery/Urology

\* Bladder Cancer

\*Benign prostatic hyperhtropy with comorbidities ie. HTN,DM



\*pelvic lymph node dissection

\*testicular surgery caused by cancer

>Ortho surgery/ Ortho cases

\*trauma resulting to spinal fracture and bone fractures

\*ORIF, open reduction internal fixation

\*Arthritis, osteoporosis, slip disc

* + bone injuries caused by physiologic and pathologic changes
* Vascular Cases

\*Foot ulcer caused by longstanding diabetes

* Raynauds dses \*Atherosclerosis \*Deep vein thrombosis \*Chronic venous insufficiency \*Carotid Artery Disease \*Abdominal Aortic Aneurysm

***Duration of Employment****:*January 1, 2008 – April 15, 2010

*Name of Hospital:* Quirino Province Medical Center (Quirino Provincial Hospital) Mangandingay, Cabarroguis, Quirino 3400 Philippines



*Position:* Staff Nurse (General Medical Surgical Ward)

**Cases Handled:**

> diabetes, hypertension, malarial diseases

>heart disease

>congenital problems

>Pulmonary disease

> uroloy diseases

> surgical cases in general surgery,ortho and urology

> wound care, accident and trauma cases resulting to burn



and spinal trauma

>Labor and delivery cases for OB GYNE patient

Mode of documentation: Computer based



Skills: Nursing Clinical

1. Medication administration- all route
2. Head to toe assessment
3. Blood transfusion
4. IV cannula insertion
5. ECG testing/monitoring
6. Tracheal/ oral suctioning
7. Patient/family education
8. Blood extraction for routine lab , arterial blood gas or venous blood gas analysis
9. Bedside care (perineal, bedbath, trachea/oral cleaning and suctioning,linen change,patient mobilization and transportation,bed exercise)



10.Doppler ultrasound checking

11.wound dressing

12. Foley catheter insertion for male and female



**Instrument Handled:**



1. Vital signs monitoring machine (Alaris)
2. ECG machine
3. Doppler ultrasound
4. Blood glucose machine
5. weight lifter machine (hoister)
6. Suction machine
7. Vacuum Assisted Closure (VAC machine)
8. Feeding pump
9. IV pump machine/ pedia and adult



10.Oxygen machine/Nebulization with mask used

**Job Description**:



* Assesses and observe the condition of the patient using the subjective and objective formulas for the proper planning of appropriate nursing interventions and documenting thus, refer if necessary.
* Assumes responsibilities for quality of care delivered to patients.
* Assesses patient’s needs and condition.
* Collaborates with other health care team members in planning and providing safe and comprehensive care.
* Functions quickly and effectively in emergency situations.
* Takes personal responsibility for own professional development.
* Carry out orders cautiously and assist the physician in performing medical treatment to the patient as per hospital policy.
* Assists in minor and major operations and emergency cases.
* Documents care given to the patient legibly and comprehensively.
* Render care to the patient using holistic approach.

***Training/Conferences/Workshops:***



Certification: Basic Life Support

Venue:

American Heart Association

Mafraq Hospital/Sheikh Shakhbout Medical

City

Hospital Internal Trainings:

* Fire and Safety
* Emergency Preparedness
* Infection Control 2020
* Compliance and Ethics
* Occupational Health and Safety Management

