

# CATHERIN



#### PERSONAL PROFILE

- · VISA STATUS · VISIT VISA
- DATE OF BIRTH: 02/04/1997

#### **EDUCATION**

March 2019
Bachelor of Science: Nursing
K. G. College of Nursing ,
Coimbatore, Tamilnadu

March 2014 High School Diploma St. Joseph's Higher Secondary School, Paingottoor

# CERTIFICATIONS

 BLS and ACLS certified under AMERICAN HEART ASSCOCIATION- from March 2023 to March 2025

# LANGUAGES

# English: Bilingual or Proficient (C2) Arabic: Intermediate (B1) Hindi: Bilingual or Proficient (C2) Malayalam: Bilingual or Proficient (C2) Tamit: Advanced (C1)

# PROFESSIONAL SUMMARY

Patient-oriented DOH Licensed Nurse with 3 years of diverse experience in direct patient care, staff supervision and department operations. Skilled at multitasking and prioritizing patient needs and daily assignments. Offering expertise with Surgical High Dependency unit as specialty.

#### SKILLS

- Acute and Rehabilitative Care
- Pain Management
- · Patient Discharging
- · Care of Lines and Tubes
- Staff Supervision

#### WORK HISTORY

September 2020 - February 2023

Registered Nurse, APOLLO HOSPITAL, (JCI ACCREDITED), CHENNAI, TAMILNADU

- POSTED UNITS: Surgical High Dependency Unit, Epidural unit, Renal Donor Transplant unit and Covid ICU
- Monitored hemodynamics of post surgical patients under General, Endocrine, Thoracic, Gastrointestinal, Gynecology, Orthopedic, Vascular and Urology cases,
- Clinical knowledge on pain management regimens such as Epidural, Nerve Block, or IV Opioids' infusions.
- · Assistance in ICU mobility scale
- · Nursing clinical practice on life saving skills: BLS and ACLS
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process, and management and lifestyle options.
- Trained new nurses in proper techniques, care standards, operational procedures, and safety protocols.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use, and disease management.

March 2019 - September 2019

Registered Nurse, *LILAVATI HOSPITAL*, MUMBAI, MAHARASHTRA

- Worked as a Nurse in Chemotherapy Unit.
- Calculated doses of chemotherapy, mixed and administered all drug according to protocols
- Provided formal education to all new patients receiving chemotherapy, both IV and oral

# **ACCOMPLISHMENTS**

- Participated in 7 th JCI audit held in 2021
- . Covid pandemic involvement and care of post covid patients.

#### **CONTACT US TO INTERVIEW THIS CANDIDATE**





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