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**REGISTERED NURSE**

* Highly skilled professional nurse with expertise on medical and surgical cases through employment of more than 3 years at a tertiary hospital
* With keen observation, communication and intervention skills
* Undergone relevant trainings related to achievement of career adeptness and professional enhancement
* Responsible, honest and dedicated to work

**PROFESSIONAL EXPERIENCE**

**Metropolitan Medical Center**

Sta.Cruz,Manila Philippines

300 Bed Capacity/Tertiary Hospital

Staff Nurse (Medical and Surgical Ward)

May 8, 2010 – March 16, 2014

Job Desription:

1.Gets acquainted with patient’s assigned to her from admission to discharge and observes their physical,emotional,mental,socio-economic and spiritual needs.Becomes familiar with their history and idiosyncrasies.

2.Takes the vital signs,performs nursing assessment thru clinical inspections,analyzes and utilizes her findings as basis for planning her nursing care activities.

3.Gives comfort measures as bath ,oral hygiene,perineal care,positioning and institutes procedures and techniques applying principles derived from the previously learned theories.

4.Renders symptomatic relief to varied patient’s condition as warranted,such as tepid sponge bath,back rubs,etc.

5.Renders emrgency measures to critically ill patients,such as resuscitation and sunctioning,cardiac massage,oxygen inhalation,assists in cut down procedures and gives emergency injections of drugs such as epinephrine,lidocaine,etc.

6.Measures accurately patient’s intake and output and in cases of massive bleeding,sudden lost of consciousness,renal and cardiac shocks,etc.

7.Administers medications and treatment exercising professional and legal reponsibilities.

8.Shares and confers with physician:

a.)Observations of physical and behavioral manifestation of patients;

b.)Changes in medications and treatments;

c.)Referral to other departments,agencies and services;

d.)Nutritional needs.

9.Gives health teaching to patients and family members such as rehabilitative activities of daily living,planning diet to meet nutritional,explaining proper medication intake,teaching personal and environmental sanitation.

10.Utilizes interaction process with patients and family members creating therapeutic environment to alleviate anxiety and fear.

11.Joins medical and nursing rounds to discuss patients conditions and arrive at appropriate medical and nursing measures.

12.Utilizes terminal and concurrent disinfection and isolation techniques to prevent spread of infection.

13.Makes frequent rounds to monitor patients condition and institute necessary nursing measures to ensure safety of patients.

14.Coordinates with other members of the health team to meet the needs of the patients.

15.Gives technical supervision toward aides and nursing affiliates helping in the care of the patient.

16.Acts as senior nurse in the afternoon or night shifts or when necessary.

17.Prepares and endorses nursing care reports and records to incoming staff to ensure continuity of care.

18.Records utilized drugs,surgical and nursing supplies on the control sheet.

19.Documents everything that has been done to patients as well as observation from the time of admission to the time of discharge.Records should include time.

**EDUCATION & HONORS**

**Bachelor of Science in Nursing**

Our Lady of Fatima University

Valenzuela City, Philippines

2004-2008

**Capiz National High School**

Capiz, Philippines

**Special Science and Technology Class**

1995-1999

**Banica Elementary School**

Capiz,Philippines

Batch 1995

**6th Honorable Mention**

**LICENSURE**

**PRC License – Registered Nurse, 2008**

Philippines

**Licensed IV Therapist, 2011**

Philippines

**Philippine Nurses Association member since 2008**

**Philippine National Red Cross member since 2007**

**TRAININGS & SEMINARS**

**Standards of Proffessional Care in I.V. Therapy**

Metropolitan Medical Center

Sta. Cruz , Manila, philippines

Sept.12,2013

**I.V. Therapy Documentation**

Metropolitan Medical Center

Sta. Cruz , Manila, philippines

Sept.18,2013

**Fluids and Electrolytes Management in Elderly Patient**

Metropolitan Medical Center

Sta. Cruz , Manila, philippines

Sept.19,2013

**Basic and Advanced Cardiac Life Support Course**

Philippines Heart Association Council on Cardiopulmonary Resuscitation

Metropolitan Medical Center

Sta. Cruz , Manila, philippines

June 17-19, 2013

**Regular I.V. Therapy Training Program**

Metropolitan Medical Center

Sta. Cruz , Manila, philippines

Feb. 16-18, 2011

**Infection Control**

**Extending Infection Control Beyond anticipated Risk:**

Surgical Site Infection, Catheter Associated Urinary Tract Infection,

Ventilator Associated Pneumonia, Central Line Associated Blood Stream Infection

Metropolitan Medical Center

June 4 – 8, 2012

**PERSONAL BACKGROUND**

Age: 32

Birtdate: February 26, 1982

Civil Status: Married

Height: 6 Ft

Weight: 180 lbs

I hereby certify that all the provided information is true and correct to the best of my knowledge and belief.