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|  |  |  |  |
| --- | --- | --- | --- |
| Birthdate | : August 04, 1989 | Height | : 5’6” |
| Religion | : Roman Catholic | Weight | : 50 kgs |
| Citizenship | : Filipino | Status | : Single |

*(Valid and attested UAE documents available)*



**CAREER OBJECTIVE**

To build a long-term career in healthcare and secure a promising position that offers both a challenge and a good opportunity for growth, where I can apply & enhance my knowledge as well as my skills to serve the medical team to the best of my efforts.



**CAREER PROFILE**

* Excellent data entry and Word processing skills.
* Computer proficient in Microsoft Applications (MS Word, MS Excel, MS PowerPoint) and the Internet
* Strong interpersonal and communication skills to effectively interact with both internal and external contacts
* Highly trustworthy, discreet, and ethical
* Highly adaptable to work environment and can work flexibly within a team
* Works with minimal supervision, multi-tasking and relies on experience and good judgment to accomplish goals
* Strong organization and time management skills to ensure scheduled deadlines



**EDUCATIONAL BACKGROUND**



**Master’s Degree:**

o ***Master of Science in Nursing***

o University of Saint Louis Tuguegarao Philippines

o October 2012

**Bachelor’s Degree:**

o ***Bachelor of Science in Nursing***

1. Medical Colleges of Northern Philippines International School of Asia and the Pacific

o March 2010



**PROFESSIONAL ELIGIBILITY**



**Registered Nurse -** December 2010

o Professional License Card Number: 0668036



**Registered Intravenous Therapy Nurse** –May 2011

o Professional License Card Number: 11-02023



**PROFESSIONAL EXPERIENCES**



**Staff Nurse**

***People’s General Hospital Tuguegarao City, Philippines***

March 2011 – March 2014

Work Descriptions:

* Responsible for the complete nursing process for both adult and pediatric patients.
* Manage and direct nursing care activities during patients’ hospital stay.
* Identify short and long term goals based on patient care needs.
* Provide and document nursing interventions based on assessed patient needs, and plan of care.
* Collaborate with appropriate health team members for coordination of daily plan of care for assigned patients.
* Involve the patient’s family when providing care and in decision-making as appropriate.
* Document the effectiveness of nursing care and modify plan of care as patient progresses toward expected outcomes.
* Responsible to admit, discharge and transfer the patients.
* Maintain personal hygiene and comfort of the patients.
* Provide psychological support to the patients.
* Monitor the nutritional needs of the patients and when should be feed.
* Responsible to maintain clean and safe environment for the patients.
* Perform technical tasks i.e. preparation and administration of medications, assisting various medical procedures the patients undergoes, recording vital signs, tube feeding, giving enema, bowel wash.
* Maintain nurse’s notes, intake and output chart.
* Observe physical and mental change in patient’s condition and record, take necessary attention and has to report to the concerned authority.



**On-Job-Training and Nurse under Master’s Degree studies**

***University of Saint Louis and Cagayan Valley Medical Center, Philippines***

June 2011 – October 2012



**INTERNSHIP AND AFFILIATIONS IN MEDICAL CENTERS | HOSPITALS**

**Job Description**:

Perform routine tasks under the supervision of a nursing instructor; Taking vitals and monitoring in-and-out volumes; Collecting specimens, assisting with personal hygiene and feeding and recording patient status; Formulate nursing care plan, administering medication, setting IVs, giving shots, providing emotional support, patient education.

**Master of Science in Nursing Practicum Program (August – September 2012)**

* Cagayan Valley Medical Center, Tuguegarao City

**Cagayan Valley, Philippines (May 2008 - February 2010)**

* Cagayan Valley Medical Center
* Holy Infant Hospital
* NuestraSeñora De Piat District Hospital
* Milagros District Hospital
* Aparri District Hospital

**Manila, Philippines (April – May 2009**)

* Jose R. Reyes Memorial Medical Center, Sta. Cruz, Manila
* National Center for Mental Health, Mandaluyong City
* San Lazaro Hospital, Sta. Cruz, Manila
* Philippine Heart Center, Quezon City
* Air Force of the Philippines Medical Center, Quezon City
* Amang Rodriguez Memorial Medical Center, Marikina City
* Veterans Memorial Medical Center, Quezon City



**TRAINING | SEMINAR CERTIFICATIONS**



**2-Month Course for Food and Beverages Services NC II**

o Technical Education and Skills Development Authority (TESDA), government agency that regulates technical skills training and assessment for individual

o TESDA Training Center, Tuguegarao City o *November* *–* *December 2012*



**Graduate School Forum “Reunite, Reinvent and Reset for Higher Heights”** o University of Saint Louis Tuguegarao City

o *October 2012*

**Understand Diabetes; Reduce Your Risk**

o University of Saint Louis Tuguegarao City o *March 2012*

**3-Day Basic Intravenous Therapy Training – Top 4 Recognition**

o Cagayan Valley Medical Center Conference Hall, Tuguegarao City o *May 2011*



**Management of Cardiac Dysrhythmias**

o Saint Paul University Philippines Learning Resource Center, Tuguegarao City o *July 2010*

**ECG Reading and Interpretation**

o Saint Paul University Philippines Learning Resource Center, Tuguegarao o *July 2010*



**2010 Interactive Forum “Enhancement of Nursing Education and Practice”** o Cabbo Friendship Camp,Peñablanca, Cagayan

o *February 2010*



**Career Development Workshop**

o Medical Colleges of Northern Philippines-ISAP Peñablanca, Cagayan o *January 2010*

**First Aid Training**

o MCNP- ISAP Audio Visual Room 1 Peñablanca, Cagayan o *October 2009*

**Basic Life Support**

o MCNP-ISAP Amphitheater 1, FNC BuildingPeñablanca, Cagayan o *June 2009*