**Gulfjobseeker.com CV No:** **1297314**

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<http://www.gulfjobseeker.com/feedback/contactjs.php> **CURRICULUM VITAE**

***PERSONAL DETAILS:***

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**Visa Status** **:** Tourist

***Nationality******:*** **Cameroonian**

***Date of birth :*** 21st May 1983

***PERSONAL SUMMARY:***

**Career Objective**

Result oriented, high-energy hands-on professional, with a successful record of accomplishments in clinical nursing practice and with focus on providing the highest quality of nursing care to clients

**Professional Experience: Three Years**

**From November 2012 to December 2013 Work at Catholic Health Center Ndop**.

**Position: Head Nurse**

***Responsibilities:***

* Carryout consultations of clients at the out patience departments.
* Provided general nursing care to patients like bed bath, motivated them morally to get well.
* Provided assistance to the doctor during emergencies.
* Assesses client emotional, psychosocial, physical and spiritual needs.
* Carryout counseling to couple at antenatal clinics sessions.
* Prepare sterile trolley and medical equipment’s for clinical procedures.
* Take and record vital signs of clients, like blood pressure, pulse, and weight.
* Carryout infant welfare clinics session and health education.
* Delivery of pregnant women.
* Carryout home visit and community health education.
* Serve and protects the health facility by adhering to professional standards, hospital policies, procedures, local requirements and job standard
* Update job knowledge by participating in educational opportunities; reading professional publication.
* Enhance nursing departments and health facilities reputation by accepting the responsibility of accomplishing new and different request; explore opportunities to add value to job accomplishments

**January 2010 to October 2012 worked at Catholic Health Mbengwi**

**Position: Assistant Nurse in Charge**

***Responsibilities:***

* Carryout general consultation at the outpatient departments
* Take routine vital signs of clients admitted.
* Serve medications to clients admitted.
* Carryout daily dressing at the outpatient department.
* Took and kept records of client’s medical background and other relevant information needed to be noted.
* Conduct deliveries and managements of the new born.
* Carry out babies’ bath and managements of women after deliveries (post partum care)
* Provide patient comfort by utilizing resources and materials.
* Register all documents actions by completing forms, report, and record.
* Drawing up and follow up Nursing Care plan for clients

**Nursing Intern at General Hospital Njinikom (January 2009-March 2009)**

**Departments (Emergency and Intensive care nursing)**

*Duties:*

* Provided initial assessments and intervention for emergency clients.
* Performed cardiopulmonary resuscitation and other emergency and nursing intervention.
* Monitored and assessed intensive care patients.
* Administered appropriate medication to patients.
* Observing and recording the condition of post-surgical patients

**Nursing intern at Regional Hospital Bamenda (March 2008-September2008)**

**Departments (Maternal Health, Surgical and Medical Nursing)**

*Duties:*

* Prepare rooms and equipment’s for patient’s intake and record keeping.
* Planned, initiated and followed nursing care.
* Worked with other nurses in Pediatric wards controlling and administering drugs to babies.
* Prepare clients for nursing procedures, gathered necessary equipment’s and organized patient’s charts.
* Provided assistance in the midwifery and outdoor vaccination of children.
* Provided assistance to doctors in the operating theatre.
* Provided assistance in health education during prenatal and antenatal clinics.
* Communicating with and relieving the anxiety of patients and their relative.
* Carrying out routine investigation and reporting to the senior nurse.
* Implementing plans through task such as preparing patients for operations, wound and monitoring of vital signs.
* Checking and administering drugs and injections including setting drips and blood transfusion to patients.

**EDUCATIONAL BACKGROUND**

2011 Lay Counseling Certificate

2009 State Registered Nursing Diploma

2006 International Red Cross Certificate

2004 GCE Advanced Level

1999 GCE Ordinary Level

**PERSONAL QUALITIES**

* Self-discipline;
* Good self-presentation;
* Patient care;
* Time management;
* Positive attitude and the ability to lead by example

**COMPETENCIES**

* Physically able to perform a full range of nursing duties.
* Deals well with people off all ages, making them feel at ease and safe.
* Exposure to lots of different areas and environments within nursing.
* Respecting and understand different religious beliefs and cultural needs.
* An effective team player.
* A keen observer and a good listener.
* Can work under pressure and minimal supervision.
* Organized and neat

**LANGUAGE COMPETENCE**

* English: Excellent in writing, reading, communication and understanding.
* French: Good in listening, basic in communication, and writing.

**COMPUTER LITERACY**

* MS Word, MS Excel, MS Windows

**Additional information**

Taking measures to obtain my license as a registered nurse, MOH, HAAD or DHA