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|   C:\Documents and Settings\Manikandan\Local Settings\Temp\Rar$DI00.218\photo.jpg**PERSONAL DETAILS**Date of birth : 31/05/1987.Gender : Female.Marital status: Married.Nationality : Indian.Religion : Hindu.**LANGUAGES KNOWN**--Fluent in : English and Malayalam**IELTS** : overall band:7.5--Understands: Hindi and Tamil**MY STRENGTHS*** Self directed and self motivated.
* Good communication and interpersonal skills.
* Good level of emotional intelligence to get along with different types of patients & collegues.
* Trained to be proactive and promotes teamwork

**PERSONAL ATTRIBUTES*** Industrious.
* Adapts to new working environment easily.
* Sociable, good team member.
* Empathetic and understanding nature.
* Utilizes all educational opportunities.
* Able to handle emergency situations.
* Devoted to service.

**HOBBIES*** Listening to music.
* Interested in bed side clinical teaching.
* Travelling
 | **Gulfjobseeker.com CV No:** **1305240****Mobile +**971505905010 / +971504753686To get contact details of this candidatesSubmit request through Feedback Link<http://www.gulfjobseeker.com/feedback/submit_fb.php> ***CARRIER OBJECTIVE*** .  Seeking a challenging position in a nursing care or educational setting where my educational, professional and practical experience will be fully utilized towards continued growth and advancement of myself and the organization and to gain experience working with a diverse and challenging population through collaborative team effort.*EDUCATIONAL QUALIFICATION .*

|  |  |  |  |
| --- | --- | --- | --- |
| **Qualification** | **Institution AND Board/ University** | **Year of study** | **Academic awards** |
| M.Sc.Nursing (specialisation: Mental Health Nursing ) | * MIMS College of Nursing, Puthukode, Malappuram, Kerala
* Calicut University
 | 2009-2011 | 66%First class |
| B.Sc Nursing | * Amrita College of Nursing, Edapally, Kochi.
* Amrita Viswa vidhya peetham university
 | 2004-2008 | 67%First class |
| Higher Secondary Examination. | * Dayapuram Residential School, NITC Campus, Kozhikode. Kerala
* Central Board of Secondary Education
 | 2002-2004 | 73%First class  |
| Secondary School Leaving Certificate. | * Infant Jesus English Medium School, Thirumbady, Kozhikode, Kerala
* Board of Public Education, Kerala.
 | 2002 | 93%Distinction  |

***PROFESSIONAL REGISTRATION: .***

|  |  |  |
| --- | --- | --- |
| **Name of professional council** | **Register number** | **Registered on:** |
| Ministry Of Health , UAE | RN007581 | 20.05. 2014 |
| Kerala Nurses and Midwives Council | Registered Nurse: 44706Registered Midwife: 45556 | 30.10.2008 |

Additional registration: Trained Nurses Association of India  Indian Society of psychiatric Nurses.***EXPERIENCE PROFILE: .***

|  |  |  |  |
| --- | --- | --- | --- |
| Institution | Job title  | Area of Expertise  | Period and Duration  |
| Amrita Institute of Medical Sciences, Kochi, Kerala, India .  | Nurse intern  | Nursing care of patients admitted in intermediate cardio vascular and thorax surgery unitPediatric cardiology unit | 29.10.2008 to 31.10.2009 (1 year.) |
| National Hospital College of Nursing, Kozhikode, Kerala, India  | Nursing lecturer | * Supervising students in clinical area. And nursing care of patients with intensive needs
* Teaching metal health nursing to 3rd year BSc Nursing students
* Teaching Nursing education to 4th year BSc Nursing students
 | 06.06.2012 to 30.06.2013(1 year +) |
| SreeNarayana Institute of Medical Sciences, Chalakka, Paravur, Kerala. | Senior Staff Nurse | Nursing care of patients admitted in Medical intensive care unit.  | 07.07.2013 to17.12.2013 |

***EQUIPMENTS HANDLED IN HOSPITAL SETTING*** *.** Mechanical Ventilator
* BIPAP
* Defibrillator
* Centralised suction And Oxygen
* ECG writer
* Cardiac moniter
* Syringe pump, Infusion pump,
* Nebulizer
* Glucometer,
* Pulse Oxymeter,
* Central Venous pressure Scale,
* Alpha Bed
 |

***JOB RESPONSIBILITIES :***

In the clinical setting:

* Direct patient care:
* Collection of appropriate baseline data and disease history
* Assess, plan , implement and evaluate care as part of collaborative programme for patient care
* Ensure and assist with patient’s hygiene needs and elimination needs
* Provide and ensure patient’s nutritional requirements.
* Maintain oxygen saturation: through supplemental oxygen in any means as prescribed.
* Administer medicines as prescribed
* Maintain blood gases, electrolytes and blood glucose levels.
* Maintain pain relief
* Surgical would dressing
* Promote and support other members of the health care team
* Assist doctors during important procedures
* Communicate with patients and families
* Reporting and recording

Maintain patient charts.

* Supervision and coordination of healthcare assistants
* Ensure infection control practices: proper waste management, aseptic techniques, reporting of infectious cases, isolation precautions as needed.
* Ensure ongoing in-service education, and takes on administrative responsibilities.
* Ensure that all stock used and services provided are billed, and participates in the business development of the organization.

In educational setting:

* demonstrates and teaches patient care in classroom and clinical units to nursing students
* lectures to nursing students
* conducts, supervises laboratory work, issue assignments, and direct seminars and panels as part of guiding the students
* supervises the students in the clinical area
* evaluate the student performance through varity of means
* participates in curriculum planning, teaching schedule preparation and course oultline
* participates in conducting classes for patients in health practice and procedures and participates in and organises CNE classes.

***TRAININGS AND SEMINARS .* Trainings:**

* ***Basic Cardiac Life Support*** in Sept. 2010 at MIMS Hospital, Kozhikode: organized by American Heart Association.
* ***Advanced Cardiac Life Supp*ort** in Sept. 2010 at MIMS Hospital, Kozhikode: organized by American Heart Association.
* ***Hypnotherapy*** 9th and 10th Jun. 2013, at EMS College of Nursing, Perinthalmanna, Malappuram. Organized by Society of Mental Health Activists.

**Workshop organized:**

* Acted as chairperson to the ‘*W****orkshop on legal and ethical aspects in nursing’***, organized by first batch M.Sc. Nursing students at MIMS Hospital on 03.09.2011

**Workshops attended:**

* **International workshop on nursing theories.**  10th and 11th Feb. 2013, organized by MIMS College of Nursing at MIMS Hospital Auditorium, Calicut.
* **‘National symposium on nursing leadership’**.3rd and 4th Jun. 2013, Westfort College of Nursing, Thrissur.
* ‘**Antimicrobial resistance-no action today, no cure tomorrow**’, 07.04.2012, MIMS College of Nursing, Kozhikode
* ‘**The challenges of nursing profession in psychiatric settings**’, 08.04.2012, Santhi Bhavan, Center Of Study And Promotion Of Psychosocial Rehabilitation, Kozhikode
* **‘HAI And MRDO-Nursing challenges’**, 28.04.2013, Trained Nurses Association Of India- at Baby Memorial Hospital, Kozhikode.
* ‘**Psychotherapy-Cognitive and Behavioral techniques**’, 13.03.2012, Department of Psychiatry, Govt. Medical College, Kozhikode
* **National conference –‘Redesigning clinical teaching- role of clinical teacher’**, 4th & 5th Jan. 2012, at MIMS College of Nursing, Kozhikode.
* **International seminar on ‘research methodology-promoting nursing research culture- present scenario’**, 27th, 28th & 29th May 2012, at Institute of Nursing Education, S.M.E. Angamali

***DECLARATION .***

I hereby declare that all the information furnished herein are true and correct to the best of my knowledge and belief.