|  |  |
| --- | --- |
| **Esther** ***Registered Staff Nurse Professional – HAAD EXAM PASSED.*** **E-mail:** esther.236388@2freemail.com  | Untitled |

**Profile Synopsis **

|  |
| --- |
|  |

Versatile, Dynamic and well-trained medical professional equipped with 10+ years of medical practice and extensively involved in taking care of patients from different areas including Accident & Emergency Unit, Gynecology, Obstetrics, Cardiac Care Unit, ICU, Medical, Surgical, Pediatric & General Surgeries. Recognized as resourceful and responsive to change while achieving collective objectives in the patient’s care and development medical practice; Knowledgeable of direct patient care, nursing procedures, healthcare administration policies and delivery procedures; skilled in various aspects of nursing management, patient teaching and clinical research including assisting physicians with surgical procedures, administration and documentation of medications, and providing nursing care. Acquire excellent analytical, problem-solving, coordination, interpersonal, time management and communication skills; Seeking for a challenging work profile in a hospitals, or any medical industries that offer opportunity and rewards on merit.

|  |
| --- |
| **Strengths & Skills** |
| * Gained 10+ years experience within Hospital Industry
* Know-how in administering drugs and medications
* Skilled in OB/GYN and Surgical Oncology procedures
* Well versed with various Medical Equipments
* Excellent Time Management & Reporting Skills
 | * Expertise in General Nurse (Accident & Emergency Unit)
* Knowledgeable of ICU procedures & equipments used
* Perceptive in Diagnosis & Treatment procedure
* Excellent Time Management & Reporting Skills
* Uphold critical thinking/Perseverance & patient needs
 |
| **Educational Qualification** |

**Public Health Nurse** **–** *Department of Nursing Science, Ebonyi State, Nigeria* **March 2014**

**Bachelors in Nursing Science (B.N.SC)** **–** *Ebonyi State University, Abakaliki, Nigeria* **2011 – 2012**

**Registered Midwife** **–** *Nursing and Midwifery Council of Nigeria* **March 2012**

**Registered Nurse** **–** *Nursing & Midwifery Council of Nigeria* **Aug 2005**

|  |
| --- |
| **Career Snapshot**  |

**Nurse Supervisor/Accident & Emergency Unit –** *Federal Teaching Hospital, Nigeria* **2006 – Present**

**Public Health Nurse –** *Federal Teaching Hospital, Abakaliki Ebonyi State, Nigeria*

**Midwife –** *Federal Teaching Hospital, Abakaliki Ebonyi State, Nigeria*

|  |
| --- |
| **Achievements**  |

* Gained 10+ years experience within a reputed Hospital in Nigeria in domains of Nurse Supervisor/Accident & Emergency Unit, Public Health Nurse, Midwife and Patient Care.
* In-depth knowledge of medical equipment such as Pulse Oximeter, Suction Apparatus, Centralized Oxygen Cylinder, E.C.G Machine, Sphygmomanometer, Oxygen Flow Meter, Phototherapy machine, BIPAP machine etc.
* Successfully carried out Nursing procedure such as Urinary catheterization, IV line insertion, Sitz bath, Gastric Lavage & Bladder irrigations, Gynecologic & medical procedures etc.
* Played significant roles in working with various departments in Hospital such as Accident & Emergency Unit, Gynecology, Obstetrics, Cardiac Care Unit, ICU, Medical, Surgical, Pediatric and General Surgeries.
* Performed assigned workload with indefinable enthusiasm, commitment, honesty, and dedication and drove towards contributing to Hospital and Patients needs.

|  |
| --- |
| **Areas of Expertise**  |

**General Staff Nurse**

* Supervise the delivery of patient care and administration of services for the Hospital. Evaluate the quality and effectiveness of patient care and nursing services in multi-specialty physician practices.
* Provide a high quality & safe environment in order to care for patients, identified physical & psycho-social needs.
* Responsible for the assessment of care needs and the development, implementation, and evaluation of programmes of care for patients in the ward area to ensure delivery of a high standard of care.
* Assume responsibility for the management of daily operational responsibilities in the ward including, work allocation, deployment and supervision of staff to ensure the smooth running of the ward.
* Set, monitor and evaluate standards of care within the defined policies, procedures, standards and protocols of the Ward, Directorate and Division to ensure adherence and delivery of a high-quality service.
* Ensure that all nursing staff is aware of work within, local, directorate and Division policies and procedures to ensure that safe working practices are maintained for both patients and staff.
* Propose changes to policies/procedures and working practices within own area.
* Evaluate staff performance based on professional practice standards and development. Assign responsibilities and duties as related to appropriate licensure and experience of the staff member.
* Conduct performance evaluations and implement corrective actions in order to promote a productive and healthy work environment.
* Obtain and assess vital signs, patient history, medications and other pertinent demographic information and log all data into records according to practice policy and standards.
* Evaluate and present patient history and diagnosis to the physician using concise and accurate verbal communication.
* Assure all procedures for maintaining patient confidentiality are maintained per Health Insurance Portability and Accountability (HIPAA) guidelines.
* Provide patient education about various health care topics and medications. Perform other duties as assigned.

|  |
| --- |
| **Proven Job Role**  |

**Nurse Supervisor/Accident & Emergency Unit –** *Federal Teaching Hospital, Abakaliki Ebonyi State, Nigeria*

* Responsible for and accountable to coordinate and facilitate all patient care and services within the Emergency Department (ED) and ED staff who float under the Critical Care to ICU and House Coordinator roles.
* Attended to emergency cases in casualty situation and maintaining triage. Identified, analyzed patient care processes, suggested changes and given psychological care.
* Performed resuscitation measures in emergency cases and performed a physical examination. Work in hand with other health team member to provide expert care.
* Managed the care of the patient in an emergency including teaching, counseling, support and allow patient to make an informed consent.
* Prepared patient pre-operative especial in emergency cases. Record all findings activities and procedures done including timing.
* Provided outward round, assessed and review findings with the physicians and patient. Administer and prescribed drugs in keeping with standing orders.
* Handled admission procedures, provided holistic and continuous care to patients. Collect and maintaining medical research data
* Mentored staff and provide coaching & counseling to ED team members as appropriate. Conduct performance reviews.

**Public Health Nurse –** *Federal Teaching Hospital, Abakaliki Ebonyi State, Nigeria*

* Served patients by visiting homes, determining patient and family needs, developing health care plans, providing nursing services and treatments, referring patients with social and emotional problems to other community agencies.
* Provided immunizations and treatment with government organizations and research potential health epidemics and how to mitigate them, or with community programs, assist people dealing with violence, pregnancy or substance abuse.
* Helped the community health care team by coordinating assessment, planning, and providing of needed health and related services, participating in case conferences with physicians, hospital and rehabilitative personnel, and representative of other agencies.
* Provided health information by instructing family in care and rehabilitation of patient; maintaining health and prevention of disease for family members, teaching home nursing, maternal and child care, providing instructions in other subjects related to individual and community welfare.
* Safeguard health of children by participating in child health conferences, school health, providing group instruction for parents, conducting immunization programs.
* Arranged convalescent and rehabilitative care of sick or injured persons by cooperating with families, community agencies, and medical personnel.

**Midwife –** *Federal Teaching Hospital, Abakaliki Ebonyi State, Nigeria*

* Provided medical care and treatment to obstetrical patients under the supervision of Obstetrician, delivers babies, and instructs patients in prenatal and postnatal health practices.
* Participated in the initial examination of the obstetrical patient and is assigned responsibility for care, treatment, and delivery of patient. Discuss the case with Obstetrician to assure observation of specified practices.
* Examined patient during pregnancy, utilizing physical findings, laboratory test results, and patient's statements to evaluate the condition and ensure that patient's progress is normal.
* Instructed patient on diet and prenatal health practices. Stays with patient during labor to reassure patient and to administer medication.
* Delivered infant and performs postpartum examinations and treatments to ensure that patient and infant are responding normally. Maintains records of cases for inclusion in establishment file.
* Visited patient during postpartum period in hospital and at home to instruct patient in the care of self and infant and examine patient.

|  |
| --- |
| **Professional Development**  |

* Basic Life Support for Healthcare Providers Course – Nursing World Nigeria – April 2016
* Healthcare Training – Resuscitation Council of Southern Africa
* Cognitive and Skills Evaluation – American Heart Association BLS for Healthcare Providers (CPR and AED) Program - Apr 2016 - Apr 2018.
* Certificate of Training on Infection, Prevention, Control and Medical Waste Management.
* Certificate of Voluntary Counseling & Testing (VCT) for Prevention of Mother to Child Transmission (PMTCT) of HIV course.
* Certificate of Breast Feeding/HIV and Infant Feeding Counseling Course.
* Certificate of Quality Improvements - The role of the Nurse.

|  |
| --- |
| **I.T Proficiency**  |

|  |
| --- |
|  |

* Proficient in MS Office application (Word, Excel, PowerPoint, Email application & Internet).

|  |
| --- |
| **Personal Details**  |

Nationality : Nigeria

Date of Birth : 16th April 1985

Marital Status : Married

Visa Status : Outside Gulf

Languages : English

Reference : Available upon request