

Eunice

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**Objective**

To seek a position in a reputable organization in the field of psychology so as to contribute towards progress of the department with my abilities, knowledge and skills.

**Clinical** **Skills**

 Diagnose and evaluate mental disorders by using detailed psychiatric case work up approach.  Assessment of clients' needs, abilities or behavior using methods, including clinical interviews,

behavior analysis, I.Q. assessments, psycho diagnostic assessment, and neuropsychological assessment.

 Formulate and tailor plan for psychological intervention and psycho-social rehabilitation by using eclectic theoretical approaches/model to treat various mental health problems of children, adolescents and adults.

 Conduct individual and group psychotherapy sessions based upon cognitive behavioral therapy, Fine and Gross Motor Training, Activities of Daily Living (ADL), Social Skills training and behavior modification.

**Scholastic** **Profile**

Masters in Arts (M.A.) - Clinical Psychology passed with second class through L.J.N.J Women’s College-S.N.D.T. University, Mumbai- 2012-2014.

Listed below are programs successfully completed during Master’s Degree :

Internship Program: 8 months internship at Thane Mental Hospital, Maharashtra. August 2013 to April 2014.

Dissertation in final year: Comparative study on memory and emotional intelligence on patients with depression and substance abuse.

January 2013 to April 2014.

Community Work: Successfully conducted stress management exercise in daily life on 25 nos. female employees of M/s. Exxon Enterprise at Prabhadevi, Mumbai - October 2013.

Bachelors of Arts (B.A) ranked 1st Class through K.C. College Mumbai University 2009-2012.

Higher Secondary School ranked 1st Class. Nirmala Niketan College, Maharashtra Board 2007-2008.

**Certifications**

• Master Hypnotist – California Hypnosis Institute of India - 2011.

• Teachers Training Course- V.V Indian Society, Mumbai for Mentally Retarded 2012. • Application of Counseling Therapies- Visage Counseling Centre, Mumbai 2014.

• Certified Advance diploma in 3D Animation- MAAC in collaboration with University Of Cambridge International Examination though Mumbai August 2012.

**Extra** **Curricular** **Activities**

• UC MAS Mental Arithmetic (India) Pvt. Ltd - 2004

• Awarded Certificate of Appreciation by Alert India for Leprosy Elimination Action Programme,2008. • Awarded Certificate for participating at the Nation Conference on Mumbai in Literature, Arts and

Film – 2010.

• Awarded Certificate for participating in a workshop on Gender Sensitization, 2010.

• Awarded Special Certificate for artwork at Ananya Art Festival, Mumbai on topic “Pictures louder than words: Realities of Justice and Peace”, 2010.

• Participated in cultural activities festival “Kaleidoscope” in Sophia College, Mumbai, 2010. • Participated in poster making to spread awareness of Mental Health, 2013.

**Employment** **History**

Worked as a **Care** **Counselor** in Reputed Pvt Ltd From 24 January 2015 to 28 May 2015

**My** **Responsibilities**

• Assessing client’s past and present smoking circumstances.

• Encourage patient to talk about current behavior, status quo and behavior change.

• Uses empathic listening and responding towards the clients feelings and experiences

• Develop with the client shared and specific goals to help them achieve positive change

• Acknowledges challenges about behavior change that the patient faces, Tailoring interventions to the needs of specific populations (e.g., age, gender, ethnicity, diagnosis, socio-economic status) by using a collaborative, multidisciplinary approach.

• Examine high risk situations, slips or relapse • Review coping strategies and long-term plans • Discuss medication use and supply.

**Previous** **Employment** **History**

Worked as a **Clinical** **Psychologist** at “**IRA** **Gurukul** **(NIOS)** **Educational** **Trust**”, “Vishesh Child Development Centre” and “Lodha World School” (all in Mumbai) for children with special needs. Conducted psychological assessments, behavior modification and counseling – September 2014.

Worked as a **Remedial** **Teacher** at **“Urja** **Counseling** **and** **Remedial** **Centre**” Mumbai, to children with special needs - June 2012.

**Personal** **Details**

Date of Birth

Marital Status

Visa Status

: 07 October 1991

: Single

: Visit Visa