**Nawal**

Email: [nawal.370321@2freemail.com](mailto:nawal.370321@2freemail.com)

**PROFESSIONAL PROFILE**

Dedicated, resourceful and innovative instructor who strives to help students change their physical life style, and supports colleagues and administration in facilitating each child’s social and intellectual growth by creating an atmosphere of mutual respect and open communication. Exceptional communicator with students and parents, with caring and diplomatic manner. Encourage socializations sportsmanship, and team spirit; motivates students so physical fitness will be an enjoyable part of life.

**EDUCATION AND CERTIFICATION**

* + Ahmad Ben Bella College – Degree in Physical Education – (1988-1992); Courses covered are: Pedagogy, Anatomy and physiology, Fitness and community, Nutrition Exercise psychology, Kinesiology, motor skills development and kinesiology, Physical education teaching methods, organization, and administration and Psychomotor skills
  + Working in Partnership with Parents Certificate February 2016 (Quest/ Eyes )
  + Basic Life Support & First Aid- Child &Infant January
  + Child Protection Certificate
  + Volleyball Referee Certificate
  + Fitness and body building Certificate
  + AUSTSWIM Certificate (Teaching Swimming and Water Safety)
  + Fitness and Body Building Certificate 1st Degree
  + Swimming Training Certificate
  + First Aid Certificate
  + Life Guard Certificate
  + Volleyball Trainer Certificate 3rd Degree
  + Elite athlete certificate (Algerian National Volleyball Team) - 1985 – 1992
  + Trainer Certificate in Aerobics

**PROFESSIONAL EXPERIENCE**

**The Children’s Garden – Taaleem: Aug. 2014 – current**

* Movement Teacher for early childhood for age 2 – 6 following ICLCA and UK curricula in the 3 campuses: Barsha, Jumeirah, and Green Community
* Organizing Sports Days for the 3 campuses
* Working on Mathazone (Al Khawarezmi Day) on applying mathematical skills through movement
* Organizing filed trips to topic specific locations
* Working on students’ performance assessments of the students cross curricular
* Working on differentiation abilities of the students
* Organizing International Day, National Day, and French Day
* Organizing after school clubs for extra-curricular activities such as Football Club and Lego Club

**Nibras International School: Aug. 2012 – Aug. 2014**

* Activity Coordinator / PE Teacher
* Coordinate all sports activities in the school
* Following the US curriculum, responsibility includes working with faculties to come up with a list of relevant activities related to school program. The activities were presented at lunchtime, after school, or on the weekend
* Implementing the Colorado Standards of PE within the lessons
* Oversee all school trips making sure busses are available, health and safety are taken care of.

**City School International: Aug. 2009 – Aug. 2012**

* Physical Education/French Substitute Teacher
* Coordinate all physical education activities, programs, and curricula. Establish weekly, monthly and yearly plans for all grade levels. Students are introduced to different exercises to help the overall wellbeing of their physical health.
* As a French substitute teacher, I am responsible for teaching students using the lessons left by the classroom teacher. On occasions, I have created my own lesson plans. I maintained an effective learning environment by practicing classroom management through enforcing rules and appropriately handling any situations that arise. I used my teaching skills as a PE instructor and my fluency in French to create a fun and exciting learning environment for the students.

# Star International British School: Aug. 2005 – Aug. 2009

* Physical Education Teacher
* Setup programs and activities to achieve the stated goals given by the Ministry of Education of UAE. In addition, I lead a team of teachers to organize and execute the annual sport days for all children in the school, organized the annual swimming gala, and organized and executed the national day celebration. In all these activities I developed new games, new dances, and created sound tracks that met the sport activities. Some of the activities I taught include: swimming, dancing, volleyball, basketball, football, and many other activities that help the development of student’s physical strength, coordination, hands-eye-coordination, and motor skills. Finally, I was able to develop activities for some of our special needs students which helped to improved their physical skills and made them participate in our programs.

**English School of Kalba, Sharjah: Aug. 2002 – Aug. 2005**

* Physical Education Teacher
* Teach all sport programs to all students from KG to Year 5 following the UK curriclum. Activities taught include dancing, gymnastics, swimming, football, and general sports that develop a healthy life style. Also, I coordinate all physical education activities, programs, and curriculum. I establish weekly, monthly, and yearly plans for all grade levels.

**Larbi Tebessi High School of Tlemcen, Algeria (3 years)**

* Physical Education Teacher
* Conduct all physical education classes for most grades.

**Immama Jadida High School of Tlemcen, Algeria (3 years)**

* Physical Education Teacher
* Responsibility: Conduct all physical education classes for most grades.

**Ibn Msaib High School of Tlemcen, Algeria (4 years)**

* Physical Education Teacher
* Conduct all physical education classes for most grades.

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## Others Experiences

* **Participation as announcer in Volleyball Men’s Under 23 World Championship August 2015.**
* **Certificate of appreciation in Peace and Sport/Dubai Forum April 2013.**
* **Fitness instructor in Fitness International Club in 2009-2010**
* Conduct fitness class for ladies which includes aerobics, water aerobics, and swimming.
* **Fitness coach for Tennis in El Wasel Club ages between 3 and 17 years 2010-2013**
  + Develop tennis fitness exercises to improve players’ game, stamina, and coordination’s.
  + Conduct fitness class for ladies which includes aerobics, water aerobics, and swimming.
* Fitness Trainer Certificates, 1st Degree in March 2010.

# Volleyball Trainer

# Al Widad Feminine Competition Association of Tlemcen, Algeria from 1993 - 2001

# Conduct Evening training Volleyball classes for female students of ages nine to seventeen years olds at first, then moved in to senior level training higher level students.

# Aerobic Trainer

# Ben Aziza Club. Tlemcen, Algeria – 1994 - 2001

* Carry out Aerobic evening classes three days a week. Establish diet training programs for class participants.

#### **Awards and Achievement**

* Volleyball Algerian Cup – 2nd Rank.
* Junior Volleyball Algerian Cup – 2nd Rank.
* Volleyball Algerian National Championship – 2nd Rank.
* Volleyball African Club Championship – 2nd Rank.
* Volleyball Arabic group – 3rd Rank, Tunis 1986.
* Volleyball African Championship – 1st Rank, Algeria 1986.
* Volleyball Arabic group – 2nd Rank, Egypt 1988.
* Eliminators African Games – 2nd Rank, Tunis.