**DR. ANJUM**

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##### PERSONAL DETAILS

Date of Birth : 7th September 1974

Sex : Male

Nationality : Indian

Religion : Islam

Marital Status : Married

##### ACADEMIC QUALIFICATION

###### DEGREE UNIVERSITY YEAR

**M S (E.N.T)** Rajiv Gandhi University of Health Sciences, India **Sep 2004**

**M.B.B.S** Bangalore Medical College, Bangalore University, India **Aug 1999**

**SCFHS-**SAUDI COMMISSION FOR HEALTH SPECIALITIES,KSA **March 2009**

**DHA/MOH –**DUBAI HEALTH AUTHORITY**,June 2015**

**MINISTRY OF HEALTH,July 2017.**

##### ACADEMICS & WORK EXPERIENCE

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| DESIGNATION | DURATION | INSTITUTION |
| **Undergraduation(MBBS)**  **Internship**  **Resident Medical Officer** | Dec 1994 to Aug 1999  Sep 1999 to Aug 2000.  Sep 2000 to March 2001 | **Victoria Hospital,Bowring**  **& Lady Curzon Hospital,**  **Bangalore,INDIA.**  **Republic Hospital,Bangalore.** |
| **Resident Trainee in Dept. of ENT** | April 2001 to Sep 2001  (6 Months) | **St. John’s Medical College Hospital, Bangalore,INDIA** |
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| **Post Graduation (All India Quota)**  **Otorhinolaryngology Head &** Neck Surgery | Oct 2001 to Sep 2004  (3Years) | **Venkateshwara ENT Institue, attached to Bangalore Medical College,**  **Bangalore, Karnataka, India** |
| Junior Consultant | Oct 2004 to April 2008.(Evening practice) | **Meenakshi ENT Care Centre,**  **Basavangudi, Bangalore.** |
| Junior Consultant | Jan 2005 to Dec 2005 | **Basavanagudi ENT Centre.** |
| ENT Specialist | Jan 2006 to Jan 2007 | Rudrappa **ENT Nursing Home**  **Bangalore** |
| ENT Specialist **ENT Specialist**  **ENT Specialist**  **ENT Specialist**  **Specialist Otorhinolaryingologist**  **Specialist Otorhinolaryngologist** | Feb 2007 to April 2008  May 2008 to Sep 2010.  Nov 2010 to July 2013.  August 13’ to July 2015  August 15’ to July 17’  August 17’ to date | Greenview **Hospital, Lake View Hospital**  **Republic Hospital, Bangalore.**  **Health First**  **Apollo,Riyadh,**  **KSA.**    **Al Hiba & Naseem Jeddah Hospital,Jeddah**  **Asian H**  **Hospital,**  **Bangalore,India.**  **Aster DM Healthcare,Dubai.**  **Thumbay Group,**  **Ajman,UAE.**  ospital,Bangalore./HGH |
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## Experience in Adult ENT, Pediatric ENT & Audiology

**Venkateshwara ENT Institute is attached to Bangalore Medical College, is a university hospital attached to Rajiv Gandhi Institute of Health Sciences, India and recognized by Medical Council of India.** It has an annual intake of 150 undergraduate and 36 post-graduate seats. The institute caters to Adult ENT, Paediatric ENT & Audiology Section. It provides medical & surgical care, and it is also a major referral center for ENT ailments.

**WORK EXPERIENCE DURING THIS PERIOD:**

**Worked as a postgraduate**

Clerking, counseling and consenting patient and their attenders.

Writing case records and sending for appropriate investigationsAttending outpatients on rotation basis including audiological clinics.

**Management and follow up of cases in the Operation Theatre and The Wards.**

Worked as **Specialty Posting** in National Institute as per the postgraduate curriculum like Head & Neck Oncology, Plastic Surgery, Neurosurgery, Anaesthesia and Speech & Hearing.

**Procedures Performed (Independently)**

**Emergency ENT:** Mastoidectomy-Radical, Reduction of Fracture Nasal Bones, Nasal packing-Anterior & posteror, Trachestomy, Removal of foreign bodies from ear, nose and air passages (DL Scopy).

**Otology :** Myringotomy & Grommet insertions**,** Cortical Mastoidectomy, Modified Radical Mastoidectomy, Myringoplasty, Tympanoplasty.

**Rhinology :** SMR, Septoplaty, Caldwell Luc, Antral Lavage, Intra-nasal Antrostomy, FESS (Diagnostic)

**Larygology :** Adenoidectomy, Tonsillectomy, Tongue tie release, Microlaryngeal surgeries, Direct Laryngoscopy.

**Audiology :** Vestibular Function Tests, Pure Tone Audiometry, Speech Audiometry, Impedance Audiometry, BERA, Otoacoustic Emissions.

**Procedures Assisted:**

**Otology :**  Ossiculoplasty, Facial Nerve Decompression, Skull base surgeries.

**Rhinology :** FESS(Therapeutic), Maxillo facial surgeries, Maxillectomy, Rhinoplasties, Nasal Microscopic Surgeries.

**Laryngology and H & N Surgery :** Bronchoscopy, Oesophagoscopy, Total/ Partial Laryngectomy, Block Dissection of Neck, Thyroid Surgery, Salivary Gland Surgery.

**WORKED AS INTERN (Housemanship)**

At Victoria Hospital & Bowring and Lady Curzon Hospital, Bangalore, Karnataka State, India .

This is teaching hospital with undergraduates and postgraduates training facilities. It is a 1500-bedded multi-speciality hospital. During this compulsory rotating house office period, was rotated through **Surgery, Medicine (2 months each) Obstetrics & Gynaecology (1 ½ Months each) Community Medicine (3months); Opthalmology, ENT, Dermatology, Psychiatry, Casualty, Orthopaedics, Paediatrics, Radiology for 3 ½ Months.**

## ACADEMIC AND TEACHING INTERESTS

Bedside teaching for medical students, teaching nursing and paramedical students the relevant aspects of medical and surgical ENT, post-op surgical and ENT emergencies.

As a SHO, I was required to present **seminar and clinical cases** on a regular basis & also actively participated in weekly **Journal Club** discussion.

# RESEARCH WORK

As a SHO in ENT, I worked as a **research assistant in “A STUDY OF OTOACOUSTIS EMMISIONS (OAE’s) AND AUDITORY BRAIN STEM RESPONSES (ABR’s) IN HIGH RISK INFANTS”.**

**As a** HO, worked as a research assistant in a project on **CHILDHOOD BLINDNESS SURVEY** conducted at Bangalore rural district.

# COURSES AND WORKSHOPS ATTENDED

**Basic Life Support from Saudi Heart Association** held on 15th Feb 2009

**Advanced Trauma Management Course (ATMC)** Held on 18th and 19th January, 2003 in association with Bangalore Orthopaedic Society.

**Course on Neuro-Otology and Audiology** held on 11th and 12th October 2003 in association with AOI

**WORKSHOPS:**

**Research Methodology for Thesis Guidance** held in June 2002 at Bangalore Medical College.

**Oto-rhino Workshop** held in June 2002 at Sree Siddharta Medical College, Tumkur, Karnataka.

**Workshop on Clinical Audio Vestibulometry** held in June 2002 at K.K.R ENT Hospital and Research Institue, Chennai.

**Live Surgical Workshop in Otology** held in October 2003 at Command Hospital, Bangalore.

**International Live Surgical Workshop on FESS** held in December 2003 at Manipal Hospital, Bangalore.

**International Live Coblation Assisted ENT Surgical Workshop** held in April 2004 at Meenakshi ENT

Clinic, Bangalore.

**International FESS Workshop** held in August 2007 at KKR Hospital,Chennai.

**2ndSMCH International Symposium,Advances in Pain Management** held in Feb,2009 at Riyadh,KSA

**Workshop on Septoplasty** held in Feb,2010 at Riyadh,KSA.

**Workshop on Rhinoplasty** held in April 2011at Jeddah,KSA.

**PAPER PRESENTATION:**

**Myringostapediopexy (**short columella tympanoplasty) with use of auto / homograft incus and septal spur cartilage: A Comparison of results **presented** at AOI, Karnataka State Conference, Belgaum, Oct 2006.

**CONFERENCES:**

54th Annual Conference of Association of Otolaryngists of India, Bangalore, January 2002.

22nd Karnataka State AOI Annual Conference, Mysore, April 2004.

14th Annual Conference of Indian Society of Otology, Bangalore, Nov 2005,

24th Karnataka State AOI Annual Conference, Belgaum, Oct 2006.

12th Riyadh Province Conference of Otolaryngolists,Riyadh,KSA,Nov2008.

!5th Makkah Province Conference of Otolaryngologists,Jeddah,KSA,Oct 2012.

2nd Sharjah ENT International Audiovestibular & Communication Disorder Conference,Sharjah,UAE

      Nov 2015.

7th Emirates Otorhinolaryngology,Audiology & Communication Disorders Congress,Dubai, Jan-2017

4 th Emirates ENT & AVCSD Conference 2017,Sharjah,Nov 2017.

8th Emirates Otorhinolaryngology,Audiology & Communication Disorder Congress,Dubai,Jan 2018.

**CONTINUED MEDICAL EDUCATION PROGRAMMES:**

**Present and Future Therapies and Allergic Rhinitis,** June 2003, held at Manipal Hospital, Bangalore.

**Parapharyngeal Tumors,** October 2003 held at St,Martha’s Hospital, Bangalore.

**CME** in **Development of Middle Ear Spaces and their Surgical Significance,** February 2004, Jayanagar General Hospital, Bangalore.

# CME in Management of Neck Metastatis, May 2004, B.R.Ambedkar Medical College, Bangalore.

**CME in Conductive Hearing Loss,** Aug 2008,Riyadh,KSA.

**CME in Vertigo ,**Sep 2009 in Riyadh, KSA.

**CME in Neck masses,**Oct 2010 in Jeddah,KSA

**CME in Endoscopic Management of Maxillary Sinus Surgery** June 2011,in Jeddah,KSA.

**CME in Obstructive Sleep Apnea** June 2013 in Jeddah,KSA.

**CME in Management of Pediatric Airway,**July 2014,Bangalore,India.

**CME in Evaluation of a Dizzy patient,**March 2015,Bangalore,India.

**CME in Surgical treatment of Coronary Heart Disease**,Sep 2015,Dubai.

**CME in Recent updates in Laproscopic Surgeries**,Jan 2016,Dubai.

**CME-3rd One Day International CME on Life Style Disorders**,Feb 2016,Dubai.

**A-Z Respiratory Summit Meeting**,Oct 2016,Dubai

**VOLUNTARY WORK:**

Actively participated in **National Pulse Polio Immunization** in 1995, 1996, 2000 and 2001.

Voluntary donated blood in blood donation camps.

Involved in free **medical health camps rural area** in and around Bangalore.

### IT SKILLS:

Quite familiar with using computer for

#### MS- Office

#### Power Point Presentation

Literature search on Internet using PUBMED,COCHRANE Library, etc

**PERSONAL ATTRIBUTES AND INTERESTS:**

I am sincere, punctual and hardworking.

I have maintained good rapport with my professional colleagues and patients.

I have good communication and interpersonal skills.

Interested in listening to music and follow cricket and football.