CARRICULAM VITAE

**ABHILASH**

**Email:** [abhilash.380288@2freemail.com](mailto:abhilash.380288@2freemail.com)

**CAREER OBJECTIVE**

To develop a better career in a reputed organization by displaying innovative abilities and knowledge in my discipline, face the challenge with a thought process oriented towards the betterment of organization I belong.

**BASIC ACADEMIC CREDENTIALS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Course** | **University**/  **Board** | **Institute** | **Year of passing** | **Percentage** |
| Master of Social work | Mangalore University | School of Social Work, RoshniNilaya, Mangalore | 2013-15 | 65.33 |
| Bachelor of Arts in Philosophy | Calicut University | St.Thomas College, Thrissure | 2010 | 63.125 |
| Higher Secondary | Board of Higher Secondary Examination, Kerala | Cardinal Higher Secondary School, Thrikkakkara, Kerala | 2007 | 73.83 |
| SSLC | Kerala State Board | St.Antoney’s High School | 2003 | 56.66 |

**IELTS Score: Overall 6**

SPECIAL COURSES

* Basics of Counseling Skills[4 days]
* Computer Basic Programme
* Basic and Advanced Neuro-linguistic programming(NLP)
* Transactional Analysis(TA)

**INTERNSHIPS**

* **Spandhana trust : ( NGO: Jeppu, Mangalore) (2013-2014 one year)**
* Conducted awareness programs
* House visiting
* Student counseling
* Data collection
* Metofficials
* Liaisoning
* Took cases
* Worked with children with learning disability
* **KS Hegde Hospital, Derlekatte, Mangalore,Karnataka, India (2014 – 2015,one year)**
* Took case history
* Conducted group activity in psychiatry ward
* Attended seminars
* Family counseling
* Presented papers
* Worked with patient with mental health issues

**WORK EXPERINCES: 4YEAR**

* **Social worker cum Associate administrator in IACTA Aviation Academy, Nedubrassery (visiting twice in the center) from 2015 June onwards**
* Chief student counselor
* Life skill training for students
* Family counseling
* Motivational classes for students
* Conduct out reaching programmes
* Organize and schedule appointments
* Plan meetings and take detailed minutes
* Maintain contact lists
* Conduct interviews
* Developing the marketing strategy for the company in line with company objectives.
* Managing all marketing for the company and activities within the marketing department.
* Liaise with executive and senior administrative assistants to handle requests and queries from senior managers
* **Social worker cum projectAssociate at Daffodils- A special school for Autisticand differently abled children. – From May 2017 onwards**
* Coordinated all activities and events related to the program of Daffodils (special school)
* provided psychosocial assessment
* Organize workshop, camps, Seminars and awareness programs in schools and villages
* Collaborate with specialists from the department of special education, Physiotherapy, Speech language pathology and vocational training for evaluation and assessment.
* Providing special education
* Students and parental counseling,
* Liaisonbetween beneficiaries and resources
* Conducted Awareness programs for teachers about Children with special needs
* Coordinated events of the special school
* House visits
* Psycho education
* Orient and manage volunteers participating at the center, delegate tasks appropriately
* Fund mobilizer
* Provided musical class for special and underprivileged children
* **Social worker cum counsellor at *AtmamitraCounsellingCentre for Adolescence (A Jesuit initiative)* –August 2015 to May 2017.**
* Provided Counseling and Life skill training for adolescence
* coordinated counselors in counseling of teenagers
* Worked as a translator and writer.
* Conducted awareness programs
* Collected data and conducted research work of “Teenagers and complexities of modernity”
* Conducted sessions for teachers
* Presented paper representing Atmamitra in a National seminar on professional social work for youth conducted by Rajiv Gandhi National institute of youth development
* Prepared modules each on purpose of life, creativity
* Translated books from English to Malayalam.
* **Reporter and columnist in a weekly- “Sathyadeepam”, an initiative of Arch diocese Ernakulam in Kerala, from 2nd June 2010 to 13 may 2011.**
* Interviewed resources persons
* Written article on social issues
* Assisted editorial board
* Translated article from English to Malayalam
* Done DTP work using computer programs
* Coordinated various programs conducted by “Sathyadeepam”
* Conducted sessions on youth and media for various youth and teen groups
* Conducted sessions for teachers

**STRENGTHS AND QUALITIS**

* Good Leadership and Communication Skills
* Good Writing Skills
* Creative and Confident
* Ability to work individually and in team
* Counseling skills

**HOBBIES**

* Writing
* Reading
* Playing Keyboard,Guitar,Melodica
* Playing Badminton

**PERSONAL DETAILS**

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* **Date of Birth :-**23,October,1988.
* **Gender :-** Male
* **Language Known :-**English, Malayalam.
* **Marital Status :-** Single
* **Nationality :-** Indian

**DECLARATION**

I hereby declare that all the details furnished here are true to the best of my knowledge.

**PLACE: NAME: Abhilsh**

**DATE**: **SIGNATURE:**