# PROFESSIONAL SUMMARY

B.Sc Nursing Degree &experience in MedicalSurgical Wardfor

2.1 years withDHAeligibility Certificate.

# ACHIEVEMENTS

Dubai Health Authority Eligibility Certificate.

ACLS & BLS from American Heart Association

**SHAMA**

Email: [shama.383278@2freemail.com](mailto:shama.383278@2freemail.com)

**Personal Details:**

DoB: 28/11/1993

Sex: Female

Nationality: Indian

Marital Status : Single

**Languages:**

- English

- Hindi

- kannada

- urdu

**Visa Status:**

Visit Visa

SKILL HIGHLIGHTS

* Perform initial assessment, prepare patient care plan.

Hemodynamicmonitoringand recording.

Initiate intravenous and parenteral medication.

Prepare equipmentsand aid in physical examination.

Demonstrateincentive spirometry.

Setting andmaintaining suction equipment’s.

Initiate and administer BLS.

Check,administer and document blood products administeration.

TPN, PPN, intra-lipid product administration and documentation.

Use of equipments such astherapeutic bed, infusion pump, sequential compression device.

Tube feeding-check for placement,administer and documentation.

Pressure ulcer management.

Demonstrate and assist in range of motion exercise.

Assist in ambulation (canes,crutches,walker).

Care of patients with immobilizing device.

Care of patient with nasogastric tube.

Provide ostomycare.

Catheterization – insertion, maintain & record output , removal,perineal care.

Enemas ( fleet& retention).

Specimen collection (blood and sputum).

Blood glucose monitoring.

Implement principles of infection control.

Pre & postoperative teaching.

Perform post-surgical assessment.

Integrated progress note.

Consult and coordinate with health care member .

Discharge nursing assessment & patient discharge instruction.

Utilize management skills&maintain patient physical and psychological health.

Teach patient and significant other how to manage their illness/injury.

.

# PROFESSIONAL EXPERIENCE

**Ramaiah Memorial Hospital**- 2Years 1 month.

New Bel Road, Karnataka, Bangalore- India (Feb2016 -March2018)

# EDUCATION

|  |  |  |  |
| --- | --- | --- | --- |
| Qualification | Board | Year | Percentage |
| B.Sc NURSING | RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCE,KARNATAKA | 2015 | 72% |
| INTERMEDIATE OF SCIENCE(I.SC) | INDIAN SCHOOL CERTIFICATE EXAMINATION,NEW DELHI. | 2011 | 79.5% |
| MATRICULATION | INDIAN CERTIFICATE OF SECONDARY EDUCATION,NEW DELHI | 2009 | 83.6% |

# EXTRA CURRICULAR ACTIVITIES

Attended National conference and workshopson ‟Issues challenges and competencies in nursing ” at Indian society of Medical Surgical Nurses, Bangalore.

Conducted research on ‟A study to assess compassion fatigue among family caregivers of chronically ill patients at M.S.Ramaiah Hospital”.

Computer awareness in MS office,Operation of hospital management information system (HIMS).SPSS (statistical package of social science).

# REFERENCE

|  |
| --- |
| Mrs. Lysamma Mathew  In-charge Nursing Superintendent  Ramaiah Memorial Hospital,Bangalore  Ph-+91-080-40503051 |

# DECLARATION

I hereby declare you that the above furnished details are true to the best of my knowledge and belief.