CURRICULUM VITAE

OF

ROSHEN

*E-mail address:* [*roshen.383658@2freemail.com*](mailto:roshen.383658@2freemail.com)

**Education**

* **BATAVIA HIGH SCHOOL** (Hotel & Catering, nursing)

Grade 8-10 (2003-2005)

* **ANCHOR YEAST BAKING COURSE** (6th June 2005)
* **PICK N’ PAY SCHOOL OF COOKING** (October 2005)
* **SETA HOSPITALITY PROFESSIONALS** (Professional cookery/chef(internship)

**VINEYARD HOTEL & SPA** (1ST June 2006-31ST May 2007)

**(Vineyard Hotel)**

**Executive Sous Chef Jeromy Joubert: 083 292 6236**

**PROFESSIONAL EXPERIENCE**

**PARROW/RONDEBOSCH MY SUPPLEMENT SHOP**

**October 2016-July 2017**

**Ivor Mathews:**  **074 341 5360**

**Duties:** Store manager Salesman, diet and wellness coaching.

**PRECISE CHEF November 2017-Ongoing**

Meal preparation for bodybuilders and fitness enthusiasts on a regular basis, with personalized macros and fat.and plans service with consultation

**DSD SUPPLEMENTS 1ST April -2nd September 2016**

**David S Delport:** **083 512 7621**

**Duties:** Store manager, Salesman, diet and wellness coaching

**WILDERNESS HOTEL 27th November 2015-31st January 2016(seasonal)**

**Head Chef Garry Titterton: 072 971 6596**

**Duties:** Chef de partie

**GANDALFS NIGHTCLUB June-October 2015**

**Owner: Antonio Manuel: 083 330 0700**

**Duties:** Barman & Doorman

**PEAK PERFORMANCE March 2015(private/part time)**

**RikusRedelinhuys: 082 775 0670**

**Duties:** Store manager, Salesman, diet and wellness coaching

**EVOX CAPE TOWN Sports nutrition (sales)2008-2009/2012-2014**

**RikusRedelinhuys: 082 775 0670**

**Duties:** Salesman, diet and wellness coaching,Apart from sales and general business I ran the V.I.P box at Newlands Stadium with full buffet and bar.