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Farooq

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**CARRIER OBJECTIVES**

To use my present experience in the field of Facility management and Operation & Maintenance services, my carrier growth & my intellectual abilities towards more result oriented personality. To secure responsible and challenging position in an organization that offers an excellent opportunity for Professional advancement.

**QUALIFICATION**

* **Occupational Safety And Health Administration (OSHA)**
* **IOSH (MS 5.0 ov)**
* **HABC (fire safety level#2)**
* **NEBOSH (waiting for result)**
* **FSc Pre-Engineering**

* **HSc from Rawalpindi Board**
* **Certificate of Professional Achievement**

**SHORT TERM COURSES**

* **Basic Computer Application**
* **Microsoft Office and Spoken English**
* **Corel Draw, Adobe Photoshop and Excel**

**WORKING EXPERINCE**

Position: **HSE Officer**

Company: MIS Arabia CO, LTD. KSA

Project: Fabrication Shop for (vessel, columns, reactors, etc)

Client: ARAMCO, SABIC

Duration: July 2017 to August 2018

Position: **HSE Officer**

Company: Westcon International (Pvt) Ltd. (Islamabad)

Client: OMV

Project: Kadanwari, Miano Gas Field, Sindh.

Duration: Mar 2015 to Jan 2016

Position: **HSE Officer**

Company: Bahria Builders

Project: Bahria Town (PVT) Ltd.

Duration: Jan 2014 to Feb 2015

Position: **HSE Officer**

Company: Olyan, DESCON.

Project: Fabrication Shop.

Duration: Feb 2016 to Jan 2017

Position: **HSE Officer**

Company: Olayan, DESCON.

Project: Fabrication Shop for (vessel, columns, etc)

Client: ARAMCO,SABIC

 Duration: February 2017 to June 2017

**Responsibilities**

 Conduct pre-operational risk assessments, issue work permits for various jobs.
 Observing workers to ensure that they are wearing required personal protective equipment and following company safety policies
 stop work for unsafe acts or conditions as and when required.
 Checking the stability of scaffolding, ensure that workers use hard hats and protective footwear, and check to make sure employees operate construction equipment in a safe manner.
 Prevention and precautions against exposure to hazardous substances, and danger from flammable, explosive, electrical, noise and manual handling risks.
 Confined space check entry permit before one enters confined space for adequate light and ventilation,
 Inspection of interior and exterior work areas to determine if there are any safety hazards looks for broken and damaged equipment, slip-and-fall hazards and other potential hazards.
 Conduct daily TBT, Monitoring environmental protection and waste management, maintain good housekeeping.

**LANGUEGE KNOWN:**

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| **S No** | **LANGUAGE KNOWN** | **SPEAKING** | **READING** | **WRITING** |
| **01** | **ENGLISH** | **Excellent** | **Excellent**  | **Excellent**  |
| **02** | **URDU** | **Excellent** | **Excellent** | **Excellent** |
| **03** | **ARABIC** | **GOOD** | **Excellent** | **GOOD** |