Roshan



Physiotherapist,

Gender:Male

Nationality:Nepal

Email: [roshan.390654@2freemail.com](mailto:roshan.390654@2freemail.com)

CAREER To find a fulfilling position where I can apply my skills and Knowledge.

OBJECTIVE

PROFESSIONAL Caring Physiotherapist with strong interpersonal skills and proficiency in patient

SUMMARY assessment,time management and therapy program design and execution.Enthusiastic

and dedicated to achieving superior patient outcomes while participating as a member of a multidisciplinary case management team.

PROFESSIONAL  DHA Eligibility Letter (DHA/LS/922018/785822)

LICENCE  Professional licence from NHPC, Nepal

SKILLS  Adaptive to changing environment

Patient appraisal,



Patient focused therapy



Rehabilitation and wellness promotion



Focused on Consistent



Quality Care Therapy



PROFESSIONAL Neuro & Allied Jan 2016 — March 2019

EXPERIENCE Clinic,Bhairahawa,Nepal

Senior Physiotherapist

Evaluated, Planned and administered treatments for individuals



Implementing programs including Education,Therapeutic Exercises, Mobilization,



Electrotherapeutic devices and mechanical equipment.

Planned and coordinated learning activities in the department .



Attended workshops and seminars.



Maintained patients records.



Chaurah Sep 2014 — Oct 2017

Hospital,Kalikanagar,Butwal,Nepal

Physiotherapist

Attended rounds along with medical team in I.C.U, Neurological & Orthopedic ward.



Evaluated, planned and administered treatments for individuals.



Mainly focused for in-patient physiotherapy service.



Coordinated with other healthcare provider and fellow physiotherapist about patient care.



Rapti Sub Regional Hospital Feb 2011 — Jan 2012

Physiotherapist

Assessing a patient's physical abilities and needs.



Actively involved in heath education and promotion.



Implement individually designed treatment programs.



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Nepal Police Hospital May 2010 — Aug 2010

Volunteer Physiotherapist

Discuss and review plan of care with senior physiotherapist.



Prepare necessary material and equipment.



Helping patients with exercise and advise.



CONTINUING  Manual Therapy of the Lumbar Spine(November 23,2014)

PROFESSIONAL  Basic Level Wheel Chair Training(June 19-23,2017)-WHO

DEVELOPMENT  Myofascial Dysfunction-Assessment & Management(July 6-7,2018)

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| --- | --- | --- |
| EDUCATION | MPT (Orthopaedics) | 2012 — 2014 |
|  | Chaudhary Charan Singh University, India |  |
|  | BPT | 2004 — 2009 |
|  | JRN Rajasthan Vidhyapeeth Deemed University, India |  |

AWARDS  Best Department of Neuro & Allied Clinic (Dec-3,2016)

Runner Up of Best Research Proposal Award (Dec-3,2016 in Neuro & Allied Clinic)



Runner Up of Poster Presentation in 1st International Nepalese Stroke Conference



(Dec-15,2017)

Appreciation Letter For Physiotherapy C.M.E By Dr.Lekhjng Thapa,



DM,Neurologist (March-26,2017)

Appreciation Letter for Health Camp by KPM School,Bhairahawa (May-20,2018)



INTERESTS  Neurological Rehabilitation(Stroke,Parkinsons,Guillain Barre Syndrome)

Orthopedic Rehabilitation



Manual Therapy



Medical Education



REFERENCES 1) Dr. Lekhjung Thapa

M.D,DM(Neurologoist)

Medical Ditrector & Senior Consultant Neurologist

National Institute Of Neurological and Allied Sciences,Bansbari,Kathmandu

Chairmen of Neuro & Allied Clinic,Bhairahawa,Nepal

Email:drlekhjung@gmail.com

Mob:+977-9855060509

2) Dr.Dinesh Kumar Shrestha

M.B.B.S,MS(orthopedics)

Assistant Director & Senior orthopedic Surgeon

Nepalganj Medical College,Kohalpur,Banke,Nepal

Email:dr\_dineshstha@yahoo.com

Mob:+977-9841663962

DECLARATION I hereby declare that the information given above is true to the best of my knowledge.

Roshan Kumar BK

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