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**JESSICA**

REGISTERED NUTRITIONIST-DIETITIAN

[Jesica-392045@2freemail.com](mailto:Jesica-392045@2freemail.com)

**PERSONAL INFORMATION:**

Age : 27

Date of Birth : January 23, 1992

Marital Status : Married

Gender : Female

Citizenship : Filipino

**EDUCATIONAL BACKGROUND:**

**Tertiary Education**

Bachelor of Science in Nutrition and Dietetics

Polytechnic University of the Philippines

Sta. Mesa, Manila City, NCR, Philippines

2008 – 2012

**Secondary Education**

Pitogo High School

Pitogo, Makati City, NCR, Philippines

2004 – 2008

**Primary Education**

Nemesio I. Yabut Elementary School

Guadalupe Nuevo, Makati City, NCR, Philippines

1998 – 2004

**LICENSURE:**

**Nutritionist-Dietitian Licensure Examination**

**Professional Regulation Commission, Manila, Philippines**

PRC License No.: 0015054

PRC Board Rating: 80.20%

Date of Examination: July 2012

**Licensure Examination for Dietitian**

**Department of Health, Abu Dhabi, United Arab Emirates**

User Name: AGT122731

Passed

Date of Examination: December 2017

**PROFESSIONAL EXPERIENCE:**

**Staff Clinical Dietitian**

Nutrition Management Services

The Medical City

Ortigas Avenue, Ugong, Pasig City, NCR, Philippines

June 1, 2013 – Present

**Hospital Description**

The Medical City is one of the premiere hospitals in the Philippines accredited by the Joint Commission International for attaining and maintaining the highest standards of quality for healthcare organizations. The Medical City is a private, tertiary hospital that boasts a bed capacity of 522 beds catering to different patients.

**Job Summary:**

* Conducts Nutrition Assessment and works in collaboration with other healthcare professionals to assess the nutritional state of patient
* Establishes medical nutrition therapy care plan based on the result of nutrition assessment
* Participate in the implementation of a medical nutrition therapy care plan to ensure appropriate, safe, and cost effective nutrition care plan
* Monitors and evaluate patient’s clinical status, the effectiveness and appropriateness of medical nutrition therapy, and progress toward attainment of desired outcome
* Assures and documents adequacy of energy and nutrient intake of patient through nutrition monitoring
* Participate in reassessment and updating of the medical nutrition therapy care plan and changes in stated goals of the patient and family when appropriate
* Prepares nutrition education module and other necessary dietary instruction materials
* Provide counseling and education services to patients with various disease states that require nutritional management
* Inspect meals served for conformance to prescribed diets and standards of palatability and appearance

**CERTIFICATION/AFFILIATION/ PUBLICATION/ AWARDS:**

**Certification:**

* **Basic Life Support Course**

Philippine Heart Association Council on Cardiopulmonary Resuscitation

July 6, 2017- July 6, 2019

**Affiliation:**

* **Nutritionist-Dietitian’s Association of the Philippines**
* Member
* **Philippine Society of Parenteral and Enteral Nutrition**
* Member

**Publication:**

* **Evaluation of Food Safety Knowledge and Sanitation Practices of Food Handlers in a University Campus for an Integrated Training Program and Development of IEC Materials,** Journal of The Nutritionist-Dietitian’s Association of the Philippines, January-December 2015 Vol.29 Nos. 1 and 2
* Research Assistant

**Awards:**

* **Perfect Attendance Awardee**

The Medical City, Ortigas Avenue, Ugong, Pasig City, NCR, Philippines

Year: 2015, 2016, 2017,2018

* **Best Thesis**

Department of Nutrition and Dietetics, Polytechnic University of the Philippines

Sta. Mesa, Manila, NCR, Philippines

School Year: 2011-2012