**PERSONAL DETAILS:**

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| --- | --- |
| Full Name : | **Dr. Rakesh** |
| Specialty: | Anesthesiology and Intensive care |
| Home Address: | Dubai |
| Nationality: | Indian |
| Gender: | Male |
| Date of Birth: | 23-09-1982 |
| Marital Status: | Single |

**QUALIFICATIONS/EDUCATION:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| From  (year): | To  (year): | Name and location (city) of University | Subject or specialty | Level of course  (diploma, degree,  certificate, etc) |
| 2002 | 2008 | University, India | M.B.B.S (6 years) | GRADUATION |
| 2009 | 2012 | SKIMS deemed University, Srinagar, India | M.D ANESTHESIA (3 YEARS) | POST GRADUATION |
| 2013 | 2014 | SGPGI, Lucknow, UP, India | Post-Doctoral Certificate Course (PDCC) in Neuro-Anesthesia (1 YEAR) | Post-doctoral Fellowship |
|  | 2018 | European Society of Anesthesiology Brussels, Belgium. | European diploma in Anesthesia and Intensive Care(EDAIC ) | European diploma in Anesthesia and Intensive care |

**MEDICAL AND ACADEMIC DEGREES:**

|  |  |  |
| --- | --- | --- |
| Degree | Subject or Specialty | Year |
| MBBS +INTERNSHIP | BACHELOR OF MEDICINE AND BACHELOR OF SURGERY | 2008 |
| MD | ANESTHESIA | 2012 |
| PDCC | NEUROANESTHESIA | 2014 |
| EDAIC | ANESTHESIA AND INTENSIVE CARE | 2018 |

**EMPLOYMENT:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| From  (year): | To  (year) | Employer | Location  (City) | Position |
| MAY, 2020 | Nov 2020 | Hospital | U.K | Specialty Doctor in Anesthesia and Intensive care |
| April, 2018 | MAY, 2020 | hospital | DUBAI (UAE) | Specialist anesthetist and clinical lecturer |

**Facility/Hospital:** Wexham Park Hospital, NHS

**Location:** Wexham, Berkshire, UK

**Responsibilities: As Specialty Doctor, Department of Anaesthesia**

* To provide anaesthesia to patients of various surgical specialties and doing on Call duties on regular basis on General surgery, Plastic Surgery trauma and Maternity theatres,
* Providing anaesthesia for Emergency surgeries.
* Providing Labour analgesia

**As Specialty Doctor, Department of Intensive care**

* Admitting elective surgical patients from General, Vascular, head and neck, upper GI, Orthopaedic, obstetric and gynaecologic and Plastic surgery etc.
* Emergency admissions from Medical, surgical, orthopaedic, Obstetric, Geriatric and occasionally paediatric patients.
* Transferring critically ill and ventilated patients out of unit for MRI, CT etc.

Attending all arrest calls and trauma calls from all over hospital (wards, floors and A&E) for assessment and making decision regarding their admission to Intensive care

**Thumbay Hospital Employment description:**

Thumbay Hospital, Dubai is affiliated to Gulf Medical University, Ajman. It is having a capacity of 100 beds with an average outpatient of 400-500 per month. An average of 300-350 surgeries/month are done in this hospital.

Being a Specialist Anesthetist, my job was to provide anesthesia for obstetric and gynecological, pediatric and adult general surgery cases, orthopedics, ophthalmological, ENT, Cardiac and Neurosurgical patients, attending code blue and trauma calls from all over hospital (wards, floors and A&E) for assessment and making decision regarding their admission to Intensive care.

My areas of interest are regional and obstetric Anesthesia.

I also worked as a Clinical Lecturer in Gulf Medical University where teaching includes hands on practical skills, Weekly tutorials as well as seminar presentation and journal club presentations by Anesthesia technicians.

Following are the clinical skills I acquired during my career in Anesthesiology and critical care:

* Central Venous catheterisation – Clinical and Ultrasound Guidance methods
* Arterial cannulations.
* Epidural/ Combined spinal Epidural blocks.
* Subarachnoid blocks.
* Regional Nerve blocks for Anesthesia and chronic pain management.
* Fibreoptic assistance for difficult airway management.
* Per cutaneous Dilatation Tracheostomy (PCT).
* Ultrasound assistance in various clinical procedures of anaesthesia.

I have excellent skills of patient communication and interpersonal skills, good command at patient clinical examination and ability to work as part of a team as well as independently.

# **PREVIOUS EMPLOYMENT:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| From:  (year) | To:  (year) | Employer | Location  (City) | Position |
| 23-09-15 | 22-04-18 | Advanced Cancer Institute, BFUHS. | Punjab, India | Consultant |
| 07-07-14 | 23-09-15 | Guru Gobind Singh Medical College and Hospital | Punjab, India | Senior Registrar |
| 07-08-13 | 30-06-14 | Sanjay Gandhi Post Graduate Institute | Lucknow, UP, India | Senior Registrar |
| 21-01-13 | 06-08-13 | VMMC and Safdarjung Hospital | New Delhi, India | Senior Registrar |
| 28-08-12 | 31-12-12 | Gian Sagar Medical College | Patiala, India | Senior Registrar |

**Employment description:**

**Advance Cancer Institute, Punjab, India**

Advanced Cancer Institute, affiliated to Baba Farid University of Health Sciences is a 100 bedded tertiary care hospital with modern diagnostic and therapeutic avenues with average of 90-100 patients undergoing major and minor cases per month.

**As Consultant Incharge, Department of Anaesthesia (2 years, 6 months)**

* Working in an Anaesthetic department consisting of 4 theatres which are dedicated to provide anaesthesia to patients of various
* Onco-Surgical cases, including head and neck surgeries, Thoracic, Abdominal, Upper and Lower Limb surgeries, Gynaecological, Plastic surgery and Vascular Surgeries.
* Providing Regional Anesthesia to brachytherapy patients.
* Assisting Junior Anaesthetists in providing anaesthesia to patients of various surgical specialties including General Anaesthesia, Spinal Anaesthesia, Epidural Anaesthesia or USG Guided Regional blocks as per requirement.
* Doing On Call duties on regular basis to providing anaesthesia for Emergency surgeries and attend Emegency department and ward calls.
* As a Team Member in In-Hospital CODE BLUE and Medical Emergency Team Call [MET] from wards and floors for all adult and paediatric patients.
* Regular participation in Audits and Teaching activities.

**As Consultant Incharge, Department of Intensive care (2 years, 6 months)**

* Working in a 09 bedded Level 3 General ITU.
* Admitting elective surgical patients from General, Vascular, head and neck, upper GI, gynaecologic and Plastic surgery etc.
* Emergency admissions from Medical, surgical, gynaecological, Geriatric and occasionally paediatric patients.
* Complete work up of all the patients including admission, Inserting arterial and central lines, Prescribing Medications and nutrition, interpreting and managing acid base abnormalities, Managing Ventilator Support and timely Discharges from Intensive care Unit.
* Transferring critically ill and ventilated patients out of unit for MRI, CT etc.
* 3 daily ward rounds with consultants of concerned specialities and a comprehensive round on Mondays.
* Attending all arrest calls and trauma calls from all over hospital (wards, floors and A&E) for assessment and making decision regarding their admission to Intensive care.
* Solving conflicts and help in decision making with other junior doctors and nursing staff.
* Regular participation in Audits and Teaching activities.

**As Senior Registrar and Fellow in Neuroanesthesia and critical care (11 Months):**

* Post Doctoral Certificate Course (PDCC) is a teaching and training post in Sanjay Gandhi Post Graduate Institute, having 600 bed capacity. During this tenure I had worked independently and under direct supervision of Senior Consultants.

**The training program includes:**

* Working as a Neuroanesthesia PDCC senior resident in Neurosurgery and Neuro-critical care.
* Experience in all type of adult and paediatric neurosurgeries including aneurysms, AVMs, supratentorial tumours, infratentorial tumours, epilepsy surgery, awake craniotomy, spine surgery, pituitary tumour and skull base surgery.
* Attending to neurosurgical meetings and discussing about the peri-operative anaesthesia and related issues and possible preoperative management of them.
* 15 days training each in Neurology department and in Pain clinic.
* Responding to emergency/resuscitation anaesthetic calls on a monthly rotation basis which included specialities like Gastro surgery, Urologic surgery, Endocrine surgery and paediatric gastro surgery, and various other procedures like Interventional radiology, CT scan, MRI, DSA, and Cardiac catheterisation laboratory.
* 1 month of rotating duty in Post-operative Intensive Care Unit.
* Teaching of Postgraduate trainees of Anesthesia department.
* Teaching includes hands on practical skills, Weekly tutorials as well as seminar presentation and journal club presentations by residents.
* Research includes conduction of and publication of clinical studies and original articles/case reports in various indexed journals.

**As Senior Registrar In Vardhmann medical college and Hospital (7 Months):-**

* Supervising and providing anaesthesia to patients of various surgical specialties including GENERAL SURGERY, OBSTETRICS AND GYNAECOLOGY, ORTHOPAEDICS, E.N.T. and OPTHALMOLOGY.
* Providing anaesthesia for emergency General surgeries in adult, paediatric, gynaecological and trauma patients.
* As a Team Member in In-Hospital CODE BLUE and Medical Emergency Team Call [MET] from wards and floors for all adult and paediatric patients.
* Attending to all sort of emergencies including paediatric emergencies presenting to the ER.
* Treat polytrauma patients- right from airway and spine protection to complete patient stabilisation and transfer to concerned department.
* Diagnosing the patients of Sepsis, Severe Sepsis and Septic Shock and treating them as per Early Goal Directed Therapy.
* Prompt diagnosis and treatment of conditions like stroke, Acute Coronary Syndrome.

**As Senior Registrar In Gian Sagar medical college and Hospital (4 months):-**

* Performing Pre-Anaesthetic assessment of patients for surgery and optimising them if needed.
* Providing anaesthesia independently to patients of various surgical specialties including GENERAL SURGERY, OBSTETRICS AND GYNAECOLOGY etc.
* Management of patients post-operatively.
* Attending and managing critically ill patients in ICU and wards.

**As Trainee in Anesthesiology Department (36 months):-**

* Sher-I-Kashmir Institute of Medical Sciences (Deemed University) is a tertiary care hospital with modern diagnostic and therapeutic avenues. The department of Anaesthesiology and Critical Care includes several sub-specialties viz. neuroanaesthesia, cardiovascular and thoracic anaesthesia, pediatric anaesthesia, urology and transplant anaesthesia, anaesthesia for major gastroentrological surgery and general surgery, obstetrics anaesthesia and Critical Care Unit. This Hospital has total bed strength of ~ 700 patients.
* I worked as a Post Graduate Student in the Department of Anaesthesiology and Critical Care which at present has a total strength of 16 consultants, 17 senior residents, and has a yearly intake of 12 postgraduate students .

**Post Graduate Curriculum at the hospital includes:**

* Regular clinical work in operating theatres, managing elective and

emergency cases.

* Intensive Care Unit, managing both Medical and Surgical Critical patients
* Peripheral anaesthesia services: Cardiac catheterisation Unit, Gastroenterology Lab and CPR.
* Research and Thesis is allotted to each PG student.

**MEDICAL REGISTRATION**:

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| --- | --- |
| **Medical Council:** | **Registration Number:** |
| Delhi Medical Council, India | 58352 |
| Dubai Health Authority, UAE | 00198942-001 |
| General medical Council UK | 7729325 |

**Details of courses and conferences attended over the last 5 years including their scope and duration:**

|  |  |
| --- | --- |
| **Year** | **Name of course/workshop or conference** |
| 20 March,2019 | Updates on diagnosis and management of Metabolic syndrome symposium, Dubai |
| 20-21 Sep, 2018 | Gynae forum of middle east, Dubai |
| 8-10 Nov, 2018 | 4th Abudhabi international neonatal multispeciality conference, Abudhabi, UAE |
| 24-25 April,2019 | Pediatric Advance Life Support (PALS), Dubai |
| 8-9Feb,2019 | Advanced Ultrasound Perioperative and Regional Anesthesia Conference, AUPRA 2019, Dubai |
| 23-24 Sep, 2018 | Advanced Cardiac Life Support (ACLS), GMU university, Dubai. |
| 17-18 June, 2018 | Basic Life Support (BLS), GMU university, Dubai. |
| 15 Jan, 2019 | Risk and safety concerns in Anesthesiology, Symposium, Dubai. |
| 12 May, 2017 | Workshop on Infection control and Prophylaxixis, Advanced Cancer Institute, BFUHS, India. |
| 23-25 Sep, 2016 | Sixth conference of Academy of Regional Anesthesia (AORA) with Workshop attended on USG guided Regional Anesthesia |
| 25 -29 Nov, 2016 | 64th Conference of Indian Society of Anesthesiologists with workshop attended on ChronicPain Management |
| 11 March, 2016 | Workshop on Osteoporosis and bone health, GGSMC & Hospital, Faridkot, India |
| 1-3 March 2014 | 2nd Academic Anesthesia Teaching programme and update and alumni meet |

**Teaching responsibilities:**

**Formal Teaching**

**Faculty:** Introduction to Anaesthesia and ICU course to BSc Nursing students

**Undergraduate Teaching:** I had been regularly involved in teaching medical students. I have conducted bedside teaching sessions and also conducted case presentations.

**Postgraduate Teaching:** I have regularly taught post graduate candidates at the departmental level.

**Informal Teaching**

**Workplace based anaesthetic colleagues teaching:** I am regularly accompanied in my theatre lists by junior colleagues and medical students. I teach them and assess their medical progress.

**Multidisciplinary teaching:** I have taught nurses and midwives on numerous occasions.

**Teaching Methods:**

My teaching methods incorporate a variety of teaching styles including

* Simulation based medical education
* Workshops
* Lectures
* Problem based learning

**research and publications**:

Evaluation of hyperglycaemic response to intra-operative dexamethasone administration in patients undergoing elective intracranial surgery: A randomised, prospective study. Asian J Neurosurg. 2016 Apr-Jun; 11(2): 98–102.Rakesh Sethi, Imtiaz A. Naqash,1 Sukhminder Jit Singh Bajwa, Vikas Dutta, Altaf Umar Ramzan,1 and Syed Amir Zahoor,2

Thoraco-Lumbar khyphoscoliosis with Restrictive lung disease-Anesthetic implications. Paper presentation at Comprehensive intervention pain management conference at Adesh Institute of medical sciences, India 23rd-24th Mar,2018

Rakesh Sethi, Bhavdeep Kaur, Gurpreet singh, Hiteshi Agarwal, Rupinder kaur.

**Email Address**  : [rakesh.399988@2freemail.com](mailto:rakesh.399988@2freemail.com) / [rakesh.399988@gulfjobseeker.com](mailto:rakesh.399988@gulfjobseeker.com)

**Mobile Number** : 0504973598

**Reference** : Mr. Anup P Bhatia, HR Consultant, Gulfjobseeker.com

**YouTube Video CV**

<https://www.youtube.com/channel/UCdsv_v9Czkx2Dc8bW4Bt4wA>

**View My CV on Gulfjobseeker.com CV Database**

<http://www.gulfjobseeker.com/employer/cv_database_highlighted_cv_freetocontact.php>

**Chat with me Live on Zoom**

<https://zoom.us/j/4532401292?pwd=SUlYVEdSeEpGaWN6ZndUaGEzK0FjUT09>